

# SUDBROOKE NEWS

JUNE 2020

Sudbrooke business  
owner determined  
to open doors  
again in July

p4-5



# EDITOR'S RAMBLINGS

JUNE 2020

AFTER two 'online editions', I am glad to say we are back in print this month, albeit with a reduced print run. We felt the time was right to gradually return the magazine to normal as not everyone is computer savvy these days and some people would rather have a copy in their hand to read rather than trying decipher it on a screen.

And what a month to return to print - loads of great articles in this edition: more news from Anna Fane and the excellent work the Support Group continue to do; we find out how Christine at Kokoo is faring having had to close her shop in March, while we discover the sights and sounds of nature around Sudbrooke.

We also have the latest instalment of the Lockdown Diary, the Pensioner Reminisces, and a new series, The Car, by a well-known villager, plus all the usual gardening, church, walking and Parish Council notes, albeit very brief ones. Stay safe. Had to phone ya. **Dom**

## JULY ISSUE - DEADLINE FOR CONTRIBUTIONS: JUNE 20

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# PARISH COUNCIL REPORT

## SUDBROOKE PC REPORT - BY CHRIS MYERS, PARISH CLERK

### Decisions of Council made by email as per Resolutions agreed by email due to the Parish Council being unable to meet due to Coronavirus/Covid19

- ▶ 1) Mar 23: Suspension of Financial Regulations to set up On-line banking
- ▶ 2) Mar 23: Following agreement from the Village Hall Management Committee that the CCTV Policy be adopted.
- ▶ 3) Mar 25: To suspend the paper publication of **Sudbrooke News**.
- ▶ 4) Mar 27: To continue with monthly play equipment inspections if safe and possible to do so by the Play Equipment Inspector.
- ▶ 5) Mar 30: To continue not to include play equipment at Village Hall, Northfield Park and Container on Stuart Curtis field in the Insurance policy.
- ▶ 6) Apr 7: To pay the following accounts:-
 

Bassetlaw District Council - NP printing	£23.06, VAT £4.62 = £27.67
Glendale - strimming	£30, VAT £6.00 = £36.00
Mrs C Myers - Clerk's expenses March 2020	£74.31
EKM - Play equipment repairs	£1,141, VAT £228.20 = £1,369.20
(spread over three cheques due to banks being closed)	
Todds Office Solutions Ltd - Stationery (paper/lever arch files/ square cut folders)	£30.46, VAT £6.09 = £36.55
Glendale - Village cut, Stuart Curtis sports field, Church yard	£448.64, £89.72 VAT = £538.36
Parish Magazine Printing - Printing of <b>Sudbrooke News</b>	£221.63
Salaries/pension payments	£824.71
- ▶ 7) Apr 10: To apply for grant of £200 to assist the Sudbrooke Volunteer Group supporting the Vulnerable during Covid-19.
- ▶ 8) Apr 17: Planning Application 140764 - Plot 2, Church Court, Church Lane - Erect 1 dwelling:

Due to Councillors not being able to meet formally and agree a corporate response to the above planning application individual councillors have been contacted by me by email for their views and there are no objections to the proposal. Note: Councillor Andy Cottam declared an interest as a friend and neighbour of the applicant and made no comments on the application.

▶ 9) Apr 22: Planning Application 140829 - 3 Holme Drive - Conversion and extension to integral garage: Due to Councillors not being able to meet formally and agree a corporate response to the above planning application individual Councillors have been contacted by me for their views and there are no objections.

▶ 10) Apr 25: Planning application 140856 - Sudbrooke House, Church Lane - Reserved matters application to erect five dwellings, considering access, appearance, landscaping, layout and scale, being variation of condition four of planning permission 137574 granted 16 June 2018 - approved drawings: Due to the Council being unable to meet formally and agree a corporate response to the above planning application, individual councillors have been contacted by me by email for their views and those who have responded wish your authority to note that there are no objections. Councillors Bob Waller and Andy Cottam both declared an interest in the application as friends and neighbours of the applicant and have made no comments.

▶ 11) May 6: Application 140882 - 11 Chestnut Close, Sudbrooke - Removal of flat roof to front bay and replace with hipped roof. Due to councillors not being able to meet and agree a corporate response to the above planning application, individual councillors have been contacted by me for their views. One councillor has abstained from commenting due to the poor quality of the plans. Five members have no objections.

# KOKOO RELISH THE DAY WHEN

AS Sudbrooke's village shop thrives during the Covid-19 lockdown, spare a thought for neighbour, Kokoo hair salon, who were forced to close their doors on March 23 and have been shut ever since.

For owner Christine, the last two months have been worrying - no customers, no income from the business, furloughing staff and then concerns about how and when she will reopen again.

With the regular updates from Government finally ensuring there is light near the end of the tunnel after nine long weeks, Christine is gearing up for that big day when she can welcome customers back across the threshold, although things won't be quite the same as they were before coronavirus took hold of the world.

"It was a sad day, but absolutely crucial that we obliged and kept to the ruling," she recalls of that fateful day when they were told the shutters had to come down.

"It's been quite a change for us at the salon being closed for so long now. We miss the hustle and bustle and friendly atmosphere, but we have had lots of messages of support and for advice on unruly locks, and which products to buy from our retail stand which we post out.

"Our biggest worry is regarding PPE at the salon in readiness for when we open again. There is so much to try to understand as it's still not clear, but we will be do our utmost to be super safe and get the correct levels set in place for everyone.

"We have always followed good housekeeping and hygienic guidelines every day, but we now have to consider more in the shape of masks and visors as well as constant disinfectanting of handles, card machine etc...

"On a positive note, we have been instructed by the Government that we may open early July all being well. This will come with all sorts of



restrictions and limits, though, which will have a knock-on effect with how we use our booking system."

During a period which must have felt like an eternity for a business owner chomping at the bit to reopen, what have they been doing to comply with the latest regulations?

"I visit the salon periodically to continue deep cleaning and remove items no longer required to create space," Christine explained. "That includes Kokoo's beloved leather sofa! It's just the best squidgy, comfy sofa ever which we enjoy pulling our lovely clients out of. It's been with us since we opened 16 years ago.

"We also had to follow our insurers' request to empty the salon of all stock and any 'precious' items too, which was a bit of a task to say the least."

It is not the first time Kokoo has had to overcome challenges, although this is nothing like they have seen before.

"Kokoo has had some support from the Government, which has helped to keep us buoyant especially with the furlough scheme," Christine went on.

"However, we did have a disaster three years ago when a burst pipe flooded the salon on Christmas week so we are quite experienced now and ready for anything."

**"Our lovely sofa has been with us since we opened 16 years ago, but it has to go now"**



# THEY CAN OPEN ONCE AGAIN

“So moving forward we have full support and advice as a member of the National Hairdressing & Beauty Federation which the Government have looked to for advice.

“We have regular updates which are added to our Facebook page (Kokoo Unisex Salon), where our clients and anyone that has any concerns can contact us through messenger.

“We cannot do home hairdressing, this is prohibited as the two-metre ruling is still set in place. We cannot enter either your garden or house or garage even with a mask, No one can or should, to do your hair. The guidelines are clear on that point.

“We have tried to do online consultations for future bookings which has proved successful so for those who feel this is an option, please get in touch.”

But what about words of advice for those amateur hairdressers who have had to take up the scissors and clippers, and maybe hair colourings? Any tips?

“We have tried to support clients and customers with advice on safe products to maintain hair condition and also temporary colours to disguise those pesky roots,” she added.

“For all info check the Facebook page or Instagram (Kokoo\_salon). We are happy to help even if we haven't met you before. There is also a link to a tutorial to show you how to do a gents cut



**“There is also a link to a tutorial to show you how to do a gents cut – have a go, you might surprise yourself”**



– have a go, you might surprise yourself. We also have a pair of clippers that we loan out to existing clients free of charge.

“We are so looking forward to seeing everyone again even if we may look like astronauts!”

Here's hoping they can get back up and running and become a thriving establishment again.

## HERE IS AN IDEA OF WHAT TO EXPECT WHEN KOKOO DOES EVENTUALLY OPEN AGAIN

- Do not come if you feel unwell and have any Covid -19 symptoms or been in contact with a person with Covid-19.
- Booked Appointments ONLY.
- Wait safely outside. We will be using a contactless Thermometer before you can enter.
- Clean Mask required on entry. NO gloves.
- Hand sanitiser at the door.
- One way system, in the back door and leave through the front (I hope no one is superstitious!).
- One client per stylist at a time.
- No coat hanger so consider your attire as the door will be open for air ventilation.
- All client will be sat two metres apart.
- We will talk to you through the mirror, no face to face chat.
- Sadly no refreshments or magazines but you can bring your own and take them home with you (tbc)
- Contactless payments preferred. The card machine will be sanitised between use.
- Follow-up appointments will be booked via phone, text, email or messenger.

# SUDBROOKE COVID-19 SUPPORT GROUP

with ANNA FANE

**The Sudbrooke Support Group was set up by a group of residents who just wanted to serve the village and help in any way they could.**

Unlike some village responses, we have been less formal and have tried to communicate our intentions to help as best we could. We created a poster that we tried to deliver to every home in Sudbrooke that was registered under the Parish.

A team of volunteers walked the streets over a period of a few days and posters were displayed where they could be seen. Chris Myers from the Parish Council has been a wonderful support and her lengthy hours printing and folding and preparing the posters for distribution were so appreciated.

The first few weeks were busy and as people took time to settle down into the lockdown protocols. We were out and about supporting many people through shopping deliveries and the deliveries of prescriptions. I think as time as gone on, the people of Sudbrooke have found their stride, have found ways to support each other and have found community in the truest sense of the word.

People are helping neighbours; we are finding out who lives alone and who may need a chat over the fence. We are sharing and caring and we are speaking to each

other as we pass by on our daily walks. That has been a wonderful thing!

Arvind has been wonderful and has kept his shop stocked so well; he has worked many long hours and we are grateful for his commitment to our village. Our system of phoning in an order and delivery is down to a fine art now, so

if you are isolating or unable to get out to the shops, Arvind and the team can get shopping to you. The shop's number is 754234.

Local businesses have donated items such as hand sanitiser, gloves and face masks so that we have been able to follow protocols and procedures under the banner of West Lindsey Resilience Forum – again we are immensely grateful.

We have been able to donate some of these to the staff at the Food Bank warehouse too who were in need as well as help some local key workers who were struggling to find protective gear.

We have been blessed by Wilkinson's farm by a weekly gift of fresh eggs and I know this has meant so much to so many. We are very grateful for their generosity; egg Fridays/Saturdays have turned into a Sudbrooke lockdown tradition – and in years to come we will

all be saying, 'do you remember when we had double-yolked scrambled eggs for breakfast on a Sunday'!

***"We are now caring and sharing and speaking to each other"***



# SUDBROOKE COVID-19 SUPPORT GROUP

with ANNA FANE

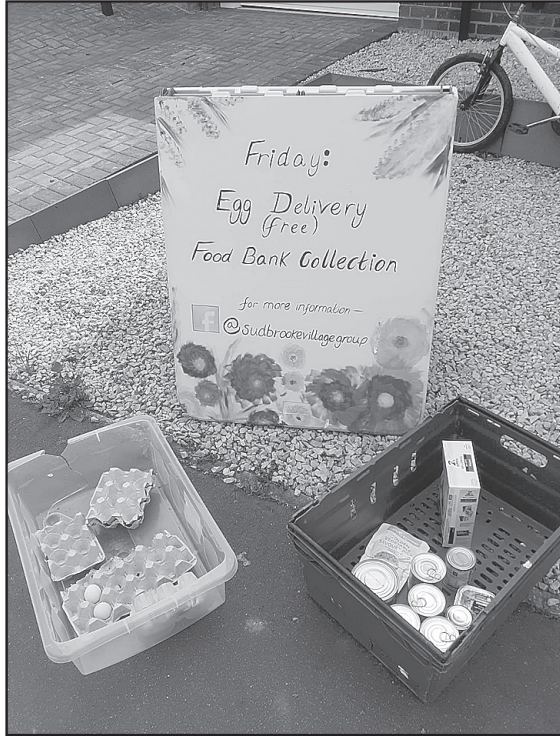
As a team, we have loved seeing the cycle of giving and receiving grow as the weeks have gone by.

We set up Food Bank stations across the village at the same time as the egg deliveries started. At the time, Food bank were reporting that they were giving away three times the amount of food parcels for those in need and their supplies were running low. It seemed the right thing to do to follow the example of Rev Penny in Cherry

Willingham and set these stations up.

Since we started that, Dave and Pam Cook have kindly picked up the food and dropped it down to the warehouse each Saturday morning. This week, Dave reported that Sudbrooke had collected just under half a tonne of food since we began collecting. This is making such a huge difference to others so thank you all so much for you generous donations! Please keep it up!

We have had chats about what life will look like post lockdown and the reality of a recession is certain, affecting many of us, but even more so those who were already struggling. We wonder whether Sudbrooke needs to establish



a more permanent Food Bank collection to help with this. Perhaps you can email the editor if you have any ideas on how to do this?

Certainly, it feels right to come out of this season changed and ready to live differently in the future.

So that's it really; week nine and counting. But also counting our blessings, especially the wonderful walks and open spaces we have at our doorstep. Please do keep the numbers on the

poster that was distributed. There are an array of people who are happy to talk if you feel you need a listening ear. Please do keep using the shopping and prescription service and also the other services on offer such as dog walking and lawn mowing.

We moved to the village five years ago on May 20. I have found more friends in these last few weeks, met more new faces and had conversations with others as well as socially distanced driveway VE Day tea parties and enjoyed the cacophony as Sudbrooke cheer on the frontline workers each Thursday. Sudbrooke, let's keep this up!

# SUDBROOKE GARDENING CLUB

WITH JOHN & IRIS WHITAKER - 751198 AND CORAL EVANS - 750031

## ■ NON-MAY MEETING

► We should have been gathering at the home of two relatively new members of the club, but this invitation has had to be put on hold until social meetings can recommence – and what a relief that will be for us all when the time comes.

However, from conversations we have had with villagers passing by on their permitted exercise routines, many more of us now realise what a precious possession our gardens are for our wellbeing and that we are very fortunate to be able to spend time outdoors in them.

It has been lovely to hear about the tentative steps being taken by first-time gardeners towards growing shrubs and perennials, fruit and vegetables. Lots of resourceful work has been taking place in and around our homes and gardens – for example a greenhouse was upcycled into a meditational sanctuary before seed planting began in earnest; a waterfall has been moved to make way for a ‘work-in-progress’ giant hedgehog shrub topiary; new deep beds have been built, lined, filled and are now in production; existing woodwork has been treated with preservative; false roofs, garages and sheds have been tidied, and new sheds and greenhouses erected.

Some lucky children have been building garden dens and friendly neighbours have provided bespoke wooden furniture from their log supply. Patios and seating areas on which to relax have been planned, or cleaned, and in

some cases constructed. During those days when the weather was not so good some of us actually set about those long-awaited decorating chores and even did the spring cleaning!

## ■ FLOWER OF THE MONTH COMPS

► We have embraced modern technology and gone electronic so that we can continue with our in-house competition and members have been sending in their favourite snaps of the month. In April, there were 17 gorgeous entries and the winner was adjudged to be a perfectly formed white/pale pink Camelia submitted by Ruth, with Angela's profusion of yellow Tulip Candela in second place, closely followed by

Paul E's photograph of blue ground covering Ajuga.

In May there was an array of 18 entries and Ruth achieved “the double” with her superb tub of Purple Doll Tulips, followed by Rupert's photo of a purple Alium standing proud in the sunshine, and

third place was taken by Ray's lovely pond scene and stunning red Peony flower display.

## ■ GARDENING TASKS FOR JUNE

► Ensure you regularly water newly-planted baskets and containers, as well as more established planting if there is a prolonged dry spell. Hopefully by now the tender plants have been put outside and the summer bedding and hanging baskets are in situ. If you are lucky enough to have a greenhouse then you will probably have a selection of tomatoes, cucumbers, peppers, aubergines and chillis



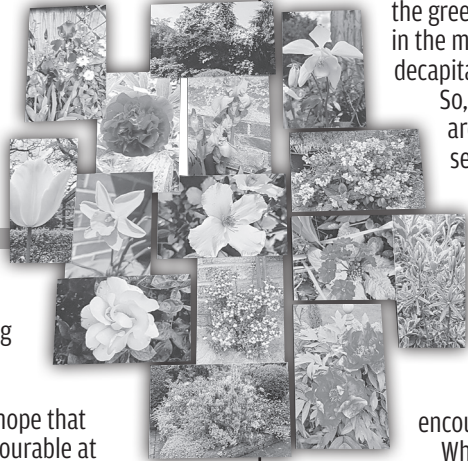


# SUDBROOKE GARDENING CLUB

WITH JOHN & IRIS WHITAKER - 751198 AND CORAL EVANS - 750031

growing away nicely by now - remember to pinch out the side shoots on your tomatoes. Now is also the time to thin out apples and pears if there has been a heavy set.

If you had the foresight and bought your seeds prior to lockdown, then in the vegetable patch you can plant main crop plants such as carrots, courgettes and marrows, as well as transplanting young brassicas and leeks. Keep sowing salad leaves, radishes and herbs and, whenever possible, relax in the garden, have a cuppa, listen to the birdsong, watch the wildlife and enjoy the fruits of your labour. Visit [rhs.org.uk/June](http://rhs.org.uk/June) for further advice.



## ■ BEST FRONT GARDEN 2020

► At the time of writing this article, we are planning to go ahead with this event in the hope that restrictions will be favourable at the time of judging.

Therefore initial judging will commence between July 17 and 24 to select the best six gardens to go forward into the finals which will take place towards the end of the month.

All front gardens visible from the public footpath will be judged and our judges will be looking for:

- Absence of rubbish
- Good maintenance of lawns, hedges, trees, shrubs and flowers where present
- Colour and structure of planting
- Any unusual features complimenting the garden

## ■ TALLEST SUNFLOWER GROWN IN THE VILLAGE OR BY A GARDENING CLUB MEMBER

► Thank you to everyone who helped themselves to the little wraps of giant sunflower seeds from the noticeboard outside 50 St Edward's Drive. However, there is sad news - the promised young plants we were going to put in the trolley have met with an accident.

They were inadvertently knocked off the greenhouse staging, resulting in the majority of plants being decapitated.

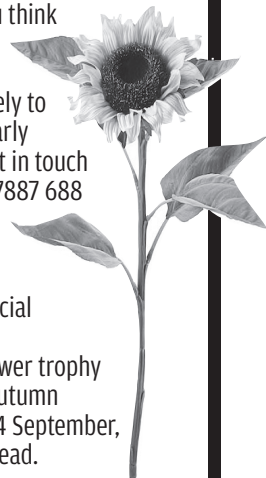
So, hopefully, all your plants are growing well, have been set out in a sunny position and are being watered regularly.

They will need to be staked and tied in to support the growing stem and, if you wish, can be occasionally fed with a liquid fertiliser to encourage growth.

When you think your

sunflower has reached its highest point - which is likely to be sometime in late July/early August - then do please get in touch with John or Iris (mobile 07887 688 100) and we will arrange to measure and photograph your entry (adhering to the current social distancing rules).

The winner of the sunflower trophy will be announced at the Autumn Village Show on Monday, 14 September, provided the show goes ahead.



# PUBLIC MATTERS

WITH DISTRICT COUNCILLOR BOB WALLER



## KEEP ADHERING TO THE RULES

► As I write this article, certain measures are being put in place to ease the lockdown. While I welcome this move, as I am sure we all do, I hope that you will agree with me that it must be done slowly and with full advice and consultation in order that we do not create any change to the R level and reverse the hard work that we have all done to combat this awful disease. I must admit to still being amazed at the minority who still act as though they do not have to adhere to the guidelines, when they or a member of their family contracts the disease they might like to think again - if it is not too late!

West Lindsey DC is still "open for business" albeit on a reduced level and in some cases a different format. Wherever possible, staff are working from home following the Government guidelines. Some staff have had their roles redefined and have been assigned to assist front line delivery. On the April 29, the Council held a virtual planning meeting - this was the first virtual meeting held in the county and proved to be a success, with six applications being discussed and determined. Members of the public were allowed to join the meeting to speak on the applications. The meeting used Microsoft Teams and not Zoom. This was in part dictated by the enhanced security

systems that we are able to use from the Guildhall server. It is now planned to have virtual meetings for all of the other policy and regulatory meetings.

Local businesses continue to be supported through the Government initiative administered through WLDC. As of last week 1,351 businesses in the district have received grant support of £15.175m. A total of 81.34% of applications received have been completed with others currently being processed.

**Scam Alert!** Recently, customer services received a call from an elderly person who had been visited by two men insisting on looking on the house roof to make repairs. They claimed to be from the WLDC and needed immediate payment as we couldn't raise invoices in the current situation. The matter has been reported to the police and we are putting it on social media to make people aware. Please let your friends and family know and that they should be very careful with uninvited visitors. If in the slightest doubt contact the police.

You may have read or heard last week that Boston DC and East Lindsey DC will be merging their management teams starting with a shared chief executive by the July 1, 2020. This is an isolated arrangement and there are no wider discussions taking place and it certainly does not and will not affect the management of WLDC.

# FRESH EGGS

Many thanks to the Wilkinsons for being so generous in their regular donations of free eggs. It is very appreciated by many residents in the village.

**23 West Drive**  
**32 St Edwards Drive**  
**10 Maple Drive**  
**12 Fox Covert**  
**5 Park Close**  
**12 Broad Dale Close**  
**49 Windsor Close**

But please don't be greedy and take more than you need...



# LOCKDOWN DIARY

*Sudbrooke villager Alan Giles continues his series with more musings on life under Covid-19 and he's starting to get hot under the collar now. Readers, please feel free to write in and agree or disagree with him...*

**S**ome people on my street are still not clapping for the key workers on Thursday nights – they have not done since the first week – and not surprisingly, these are the ones who continue to stick two fingers up to the rules by having a stream of guests visit them in their homes.

Whether they could actually count up to two is a different matter, but while our dedicated NHS professionals, care home workers, shop workers and delivery drivers, continue to put their health at risk on a daily basis by attending to our needs, there are still some oiks out there who seemingly couldn't care less.

You only have to clap for a few seconds, show your appreciation in these strange times, but no, there's no sign of them... they are probably entertaining guests so are too busy – let's just hope they won't be needing the help of NHS workers anytime soon and if they do, I hope they show their gratitude. But they probably won't.

I notice the roads are getting busier as people start to reclaim some sort of normality and the queues are getting longer at the non-supermarket type shops as people get braver and braver.

Boris' baffling announcement the other week did not help matters as he said that people could do a bit more, but couldn't, and were told to stay home, but go out a bit more.

Yeh, cheers Boris, that's made things a whole lot clearer.

And the 'Stay Safe' campaign has been replaced by a 'Stay Alert' one instead, a slogan

thought up by two kids from Down Under. Magic.

I don't know why some people – and I am talking the elderly now – cannot just ride it out for a few more weeks, rather than risk the consequences of heading out to their local garden centre to buy some compost?

Surely a bag of muck can wait if it means you will probably extend your life expectancy by a few more years. Why risk the chance of catching some virus that may kill you in order to give your roses a boost? Either make do or ask a friendly – and younger – neighbour to help you out instead.

It's funny, we can do less than ever before, but haven't the weeks flown by? April came and went in a flash and now we're coming to the end of May now – you'd have thought they may drag, but I think ominously, this lockdown scenario has now become the 'new norm' and our psyches have been retuned into this new way of thinking and living.

I commented last month on the amount of 'bowlheads' I thought I'd be seeing on the streets of Sudbrooke as wives and mothers took up scissors and clippers and added the role of hairdresser to their list of endless jobs.

But no, haircuts have been pretty normal, I am sad to say, and that must be one hell of a worry for all those furloughed barbers and stylists who could well find themselves without customers when they finally return to work.

"Why go to Luigi's and pay a tenner, when I can do as good a job for free?" will be the question asked by many a wife and mum.



# THE SUDBROOKE LOCAL

**As we move into the third month of 'lock down', here is the June edition of the Sudbrooke News Quiz, to help keep the brain cells ticking over until we can all meet again at the Village Hall for the Monthly Quiz Night.**

**We hope you enjoy it and also find it challenging.**

- 1) Which Cole Porter musical is based on the Shakespeare play The Taming of the Shrew?**
- 2) What was the first name of the title character in the BBC sitcom The Vicar of Dibley?**
- 3) Which month is named after the Roman god of war?**
- 4) What is the naval rank between Captain and Rear Admiral?**
- 5) Name the tennis player who won her sixth Wimbledon singles title in 1975?**
- 6) What is the part of the Atlantic Ocean between Siberia and Alaska called?**
- 7) Which African country was formerly known as Zaire?**
- 8) The dialect term 'Winter Hedge' is a colloquialism for which item?**
- 9) Cattle known as Holsteins in the USA, are called what in the UK?**
- 10) What is the name given to the study of human evolution and culture?**
- 11) Who was the lead singer of the pop group The Smiths?**
- 12) What is the name of the main female protagonist in the Jane Austen novel Pride and Prejudice?**
- 13) Ellie Taylor and Rachel Parris are regulars on which satirical news show?**
- 14) In which Lincolnshire town was the explorer Sir John Franklin born?**
- 15) What name was given to the six Dorset farm labourers sentenced to transportation for swearing a secret oath?**
- 16) Which football team play their home games at the Wham Stadium?**
- 17) What colour is the crown of the male English house sparrow?**
- 18) In which county is Potters Bar?**
- 19) What nationality was the sculptor Auguste Rodin?**
- 20) In the TV programme The Simpsons, what are the names of Ned Flander's two sons?**



**Answers on page 20**





# THE CHURCH DIARY

WITH REVD PENNY GREEN - 01522 595596 [slbchurches@virginmedia.com](mailto:slbchurches@virginmedia.com)

## LEADERSHIP

News events over this last few days, have made me ponder a question - what does good leadership look like? What do we expect from our leaders, whether at a local or national or indeed international level?

I sometimes wonder if, at times, we expect too much of leaders, particularly when they are making difficult complex decisions and they are constantly scrutinised by everyone demanding an answer yesterday. We sometimes don't recognise that those who find themselves in positions of leadership are subject to the frailties and temptations of every one of us. To fall from grace as a leader is to fall a long way and its difficult to even want to climb back, but some do.

So where do you look for your 'leadership model' - well for me, I look to Jesus - because what I see in Him in the kind of leadership that motivates me - this is what I see: Integrity, ie honesty and having strong moral principles - I always think that a person of integrity is someone whose words and actions match up. So, for example, when Jesus spoke up for the poor and the disenfranchised - he did that from a place of walking alongside, understanding, forgiving; Servant heartedness - remember the example of Jesus receiving His disciples to the Last Supper and washing their feet - it was a symbol that the one who had led

them was one who also served them; Sacrificial love - look at the cross where the sacrifice was writ large; Honesty - this often comes with the cost, probably it cost Jesus His life as He challenged civic, military and religious leaders because He had the honesty to challenge the prevailing current of the day in word and action.

The ability to set boundaries - Jesus sometimes walked away from the tumult and the demands of life and way away, on His own, to pray - that's about self care and wellbeing, it's about rediscovering who you are and where your roots

are, and to look beyond yourself also requires humility, to know that life is something you can't do on your own; Vision - the ability to see beyond the immediate difficulty and to look to a new future and the ability to draw people together around that vision and share it - which is what Jesus did with the disciples; Humility - the ability to use your gifts to the full, but not being boastful of them, and in humans, to admit when you are wrong and to seek forgiveness.

I am sure you could add to this list, so it's a starter for 10 - but when we look for leaders we would do well to look to Jesus as our model. We will all fall of course and we will all fail at times

- we are imperfect human beings and so is everyone else around us!

Every blessing everyone. Stay safe and know that you are being prayed for.

**ONLINE SERVICES AS FOLLOWS**  
**Sundays 10am Communion**  
 on South Lawres and Barlings Churches  
 Facebook Live then posted to  
 Youtube SLB Churches Channel

**Messy Church at 4pm via Zoom\***  
**on May 31, June 14, 28; July 12**

**Monday - Saturday**  
**7.30am Morning Prayer**  
**7pm Compline**  
 on South Lawres and Barlings Churches  
 Facebook Live then posted to Youtube SLB  
 Churches Channel

**Thursdays**  
**2.30pm Tea Service via Zoom\***

*\*Zoom services require a link. Email [slboffice@virginmedia.com](mailto:slboffice@virginmedia.com) for a link. I have also posted some Collective Worship stories for primary schools on the Church Facebook Page - feel free to use whatever is useful.*



# SUDBROOKE: THE NATURAL WORLD

by Geoff Flinham

**B**ounding across the field, two tough-looking hares caught our attention as they high kicked their way through the crops, rushing to get away from a possible human encroachment.

You could virtually see the power surging through their limbs as they took off in the opposite direction towards safety – it's no wonder I have mistaken them for small deer in the past, their size really does surprise you every time you see them. Much bigger than your common rabbit, with their long powerful legs giving them a kind of turbo injection.



Minutes earlier, we had cycled past and then stopped to look at several families of geese, with numerous goslings in tow – all at various stages of development – completely ignoring self-distancing rules and all grouped together enjoying an impromptu family get together, with a couple of the 'dads' keeping a wary eye on us in case we should encroach on their jamboree.

### Ample bellies

A few days earlier, we had seen two geese and their three offspring ambling down Holme Drive, first on the path and then casually down the middle of the road, and with an air of goose-like arrogance, completely ignoring a car making its way slowly towards them. You don't mess with

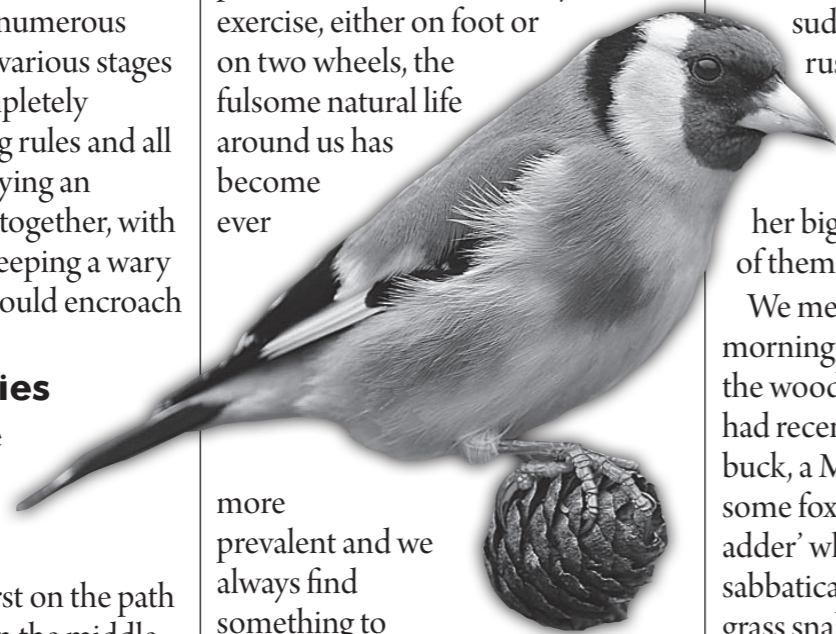
geese. Near Wilkinson's Farm, we also three guinea fowl as they went about their business, looking for morsels of food to eat to fill what looked like already ample bellies. Guinea fowls like the good life.

Speaking of game birds, I read an article by a gamekeeper in Country Life magazine (not my normal tome of choice) the other day, complaining about people walking wherever they wanted in the countryside, but harping on about the 'sport' of shooting, where the gentry blast anything that moves in the air and stalk and hunt down deer.

Getting out and about on a regular basis around Sudbrooke as we partake in our bouts of daily exercise, either on foot or on two wheels, the fulsome natural life around us has become ever

more prevalent and we always find something to marvel about either in the village itself, in the woods or in the countryside further afield.

By the lake the other day, we spied



(and heard) three moorhen chicks on a lovely big nest on the pond

in Sudbrooke Woods. As their parents scurried about trying to find food amongst the stagnant water surrounding them, they bravely attempted to leave the confines of their home and explore only to have sudden second thoughts and rush back to their safe haven, only to then have their mum come back to the nest and plomp her big backside on top of them.

We met a chap on a morning stroll through the woods who told us he had recently seen 'a Roe buck, a Muntjack deer, some foxes and a baby adder' while taking his dog for his sabbaticals. My son and I once saw a grass snake in the woods, but never an adder.

Recent evening walks, just as the sun is starting to set, have been punctuated by the sights of bats

(probably of the long brown-eared variety) zooming around our heads

as we trek up the track towards Wragby Road, through the depleted woods. You duck instinctively thinking they may fly into you, but these animals have the greatest sat-nav technology of anything else on the planet and we are, in reality, as safe as houses.

Grey squirrels are thriving – we sat and gazed at one up a tree eating an acorn and I noticed it was a messy bugger as it kept dropping a lot of crumbs on to the path below, oblivious to us standing underneath... or was it?

You hear plenty of birdsong as you venture out, but catching sight of what is creating the cacophony of noise is another matter – I'm sure birds' mantras are, 'be heard and not seen'. Sometimes you wish there was a bid expert walking with you and explaining who and what are making the distinctive calls. Some you recognise, like blackbirds, robins and



**"They ambled down the road with an air of goose-like arrogance"**

jays, but others find you scratching your head, although I am sure there are decent scattering of song thrushes in the trees as they are a very musical bunch, with a lot to say for themselves.

If only they'd make an appearance to put you out of your misery.

I did spy a couple of lovely goldfinches in my back garden and probably the same pair sat on a fence near the Sudbrooke Park development, probably wondering what to make of it all and whether they'll actually sell any more houses (at those prices?).

A few days later, a swarm of starlings invaded my lawn, gobbling up tiny beasties that threaten to ruin my grass. I'm pleased at their due diligence and assistance, but worried the little insect critters are on my lawn in the first place.

But how do the starlings know they are there? The wonder of the natural world. I remember years ago how my dad used to constantly curse starlings for being greedy blighters and then they seemed to disappear, but now fleeting sights of them are a joy to watch with their black, blue and green shiny outcrop of feathers, which make them rather appealing.

**"My dad used to curse starlings for being greedy little blighters"**

I haven't seen any on my lawn for ages and then all of a sudden, a dozen or more suddenly appear, hurriedly tuck in for around 10 minutes, while the odd pair bicker, and then clear off, presumably never to be seen for another few months.

### Creatures

And the ants have been hard at work too, making what would be a lovely anthill (bottom) if it wasn't for the fact they've constructed it, without permission, on my grass.

This one was only a few centimetres in high, but I remember once walking in a forest in Sweden (the country is full of them) many years ago and stumbling



across one that was about four feet high. Imagine one of those in your back garden?

And speaking of insects, I found the most unusual creature lurking around my

house and after thinking it was a cockroach, my wife discovered it was a cockchafer (pictured below). Looks a gruesome little thing, doesn't it? Not good for your grass and plants so the experts say, so let's hope there are no more creeping around.

And there we have it, the sights and sounds of wildlife around the village.







# SUDBROOKE

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I am able to take credit / debit card and mobile phone payments.

# POETRY BOX

## LOCKDOWN

People queuing outside of shops,  
Standing two metres apart  
The shelves are empty, nothing there,  
Just like classrooms everywhere.

Children no longer playing in parks,  
Or meeting up with friends  
Instead at home they do stay  
Doing Joe Wicks at nine every day.

Key workers striving in their special way,  
Trying to keep the virus at bay  
Working overtime without extra pay,  
They get a nationwide clap every Thursday.

But through all this doom and gloom  
A light shines through the night  
Colorful rainbows make the street so bright.

By  
Ben Picksley, aged 11

Wagon House  
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# A PENSIONER REMINISCES:

**S**AYING goodbye to tourist friends at the hote du sud, we set our sights on Marrakesh, 340 miles to the west. We all parked up that night in a garage forecourt. I was offered the chance to buy some steak, and the butcher delivered it to the van ready barbecued, marvellous!

The weather was bright the following morning as we arrived on the outskirts of Marrakesh, and the first of our problems. We all tried to travel in convoy, but it was hopeless as we were quickly separated in heavy traffic and I didn't have directions (or the name of) the campsite. I followed my nose, but it was no help. And I was stuck in a big city not knowing where to go. I was in need of some diesel and pulled in to a garage to fill up, when I spotted a motorcaravan travelling down the road and I decided to follow him. Although not a member of our group, he led me to the campsite and, much relieved, I sought out a pitch for the night where I met up with friends. In the evening we gathered together for an entertainment extravaganza at a venue in the town. First we went to a tent for another meal of roast lamb squatting on our haunches in a most uncomfortable position, and this was followed by an evening of entertainment by the locals in their national dress. The first couple of hours were filled with music followed on by horsemen dashing up and down showing superb skills in their

horsemanship. The firing of ancient-looking muskets was all part of the act, with remarkable control over the horses. It all finished in a firework display, and was capped by some men flying over in a carpet. To this day I don't know how they achieved that! The following day it was exploring the souk which we were eager to do. The main square in front of the souk was a



hive of activity with friendly locals working out how they can best relieve you of your hard-earned dirhams. From story tellers to snake charmers, from water sellers beating their drums to a man that will sell you a cigarette, and everything in between. No, I didn't

want a sheep's eyeball, and I was even less likely to buy a plastic bag of sheep's testicles. The market was served by small donkeys with even smaller carts to aid speedy travel down the very narrow gaps between rows of stalls, delivering and collecting produce.

Artisans beat copper pots, and making anything you wanted out of iron and pewter. Squatting at little benches or on stools they were incredible at manufacturing anything you wanted, and if they couldn't make it, they had a cousin within shouting distance that could. I was particularly drawn to the mountains of spices that were on offer, and a young man was very happy to explain what all his products were used with, as well as





# A TALE BY TERRY MAYO

the medical benefits of them all. We loaded up with saffron and managed to find our way back out to the square where we were plagued with people trying to sell us monkeys. Escaping the touts we made tracks for the caravan. Later in the evening we would return and the whole square was cleared of sellers and transformed into an area given over to eating. It was great fun trying out the different things on offer.

The following morning we set off for Essaouira, a fishing port on the west coast. Through wonderful scenery we climbed mountains and descended hills on the last leg of the journey, before turning north and making our way back to Spain. The first thing that grabbed our attention was a string of camels being led along the beach which seemed a bit peculiar to us, but they were only being washed. We found the rather cramped campsite and managed to squeeze in somewhere on the approach road until a pitch was found. The town provided ample eating opportunities and afterwards we took pictures and wandered around the beach area. The fishing boats were in and unloading their catches, a very colourful and noisy occasion. We lost out on buying some cheap fish, but I suspect we would have been ripped off. We had scrambled egg and beans instead, a safe option.

Rain rather spoilt the next day, but we did spend the afternoon in town and around teatime a fella came round selling fish. In the pouring rain he was offering crab and

prepared to cook it on his barbecue. Setting up his portable equipment, underneath an umbrella he supplied the most delicious crab we've ever eaten. He had his eyes fixed on an old pair of shoes of mine, and when I said he could have them, he was over the moon. Next day he brought me a large net of carrots, which was very nice of him. From here we began to split up. Some wanted to head further south to Agadir which only offered more of the same, and even on to Western Sahara, some to remain on an extended holiday in Essaouira, and the rest intent on making our way home via Casablanca

Casablanca was relatively easy to get through, or we were just lucky. We seemed to skirt the city on our way through. We continued to be bombarded with children racing to meet us from quite a distance away, demanding bonbons and not taking no for an answer. In the end we filled our door panels with sweets, and were rewarded with countless numbers of dates, but from a paper bag, not the oval wooden boxes we were used to at Christmas. The journey to Ceuta was not so interesting covering mile upon mile of potato and carrot fields (we had enough carrots to last a lifetime). We pulled into the port in time to catch the ferry for Spain, and made our way to Gibraltar to get to Morrison's before it closed!







# LAWN MOWING


**Colin, a member of Sudbrooke Support Group, is kindly offering to mow lawns for people who can't do so.**

**If someone is struggling with getting their grass cut, please contact Colin direct. His number is 07546 701861.**

**ARTHRITIS ACTION** is pleased to announce we will be running online Arthritis Action Group meetings via Zoom, with specific meetings planned for residents of Lincoln and Lincolnshire.

These meetings will be an opportunity for people with arthritis to talk with others and share their tips on how to manage their arthritis and stay active whilst at home. Regular group members, as well as people who have not been to a physical group before are very welcome to join. Dates for all our upcoming online events are available on our website. Participants will need to contact us directly for the log in instructions for the meeting, and we have produced How To guides for those not familiar with using

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Zoom. We'd be delighted if you could help us spread the word about the meetings with your parish on your social media, newsletters or website. I hope these meetings will be a way for people with Arthritis to connect and feel supported in these unprecedented times.

**Ruth Smith**

# QUIZ ANSWERS

(1) Kiss Me Kate, (2) Geraldine, (3) March, (4) Commodore, (5) Billie Jean King, (6) The Bering Sea, (7) The Democratic Republic of the Congo, (8) A Clothes Horse, (9) Friesians, (10) Anthropology, (11) Morrissey, (12) Elizabeth Bennet, (13) The Mash Report, (14) Spilsby, (15) The Tolpudde Martyrs, (16) Accrington Stanley, (17) Grey, (18) Hertfordshire, (19) French, (20) Rod and Todd

# LITTER LOUTS

## COMMENT FROM A SUDBROOKE RESIDENT

On our regular walks through the woods, we love to hear the bird song, watch the ducks on the pond, along with their numerous offspring, and see people walking their dogs as well as children laughing and smiling as they enjoy some quality time with their parents - what a shame then, that some people think it's fine to dump their rubbish in the woods (as shown above) and leave the place looking like a mess.

I don't want to climb aboard the stereotypical boat, but I feel I have to. My guess is, these are the remnants left behind by irresponsible teenagers with little or no respect for their surroundings, who think it's 'cool' to head into the woods (probably late in the evening) and take a few cans of beer with them and have impromptu get-togethers with their mates (note also the probable



lack of self-distancing), and then think it's even 'cooler' to throw their rubbish under a tree and clear off into the night.

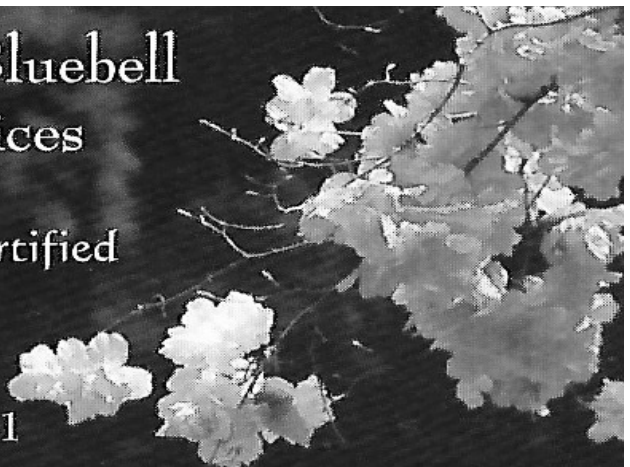
It'd be interesting to ask at the local shop who has been in there buying Kronenbourg 1664 - I'm sure I've seen it sold in there - and then find the culprits responsible and drag them to that spot with rubbish bag in hand and make them pick it all up and take it home, and shame them while doing it. It's bad enough the developers wrecking our woodlands and chopping down trees, it's another thing for people who actually live here to show the village the utmost disrespect.

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## *The first in a three-part feature, written by*

**HAVING** just purchased a new car and looking over our possession I found myself staring into the engine compartment at the intricate and baffling technology of the modern internal combustion power unit with all its electronic sensors, computerised management system, heat shields, pipes and tubes going off in myriad directions.

With this amazing piece of engineering despite my technical background, all I am now capable of is checking the oil level using the dip stick which, thankfully, has been retained, and making sure the windscreen washer reservoir is topped up and checking the tyre pressures.

All this contemplation caused me to cast my thoughts back to my very first car and how things have changed.

The year was 1954. I was 18, living with my parents and sisters in Loughborough, Leicestershire, and 18 months into a five-year student apprenticeship training hopefully to becoming a qualified Lamp and Valve Engineer at the British Thomson Houston facility in Leicester.

This entailed travelling the 22-mile round trip between Loughborough and Leicester everyday on my BSA 250cc motorcycle. This was OK during fine weather, but when it rained it was a pretty miserable journey despite my ex World War Two dispatch riders coat obtained from the local Wakefield army and navy surplus store.

Discussing this with my father, I said I really needed a car, but on my apprentice's pay this seemed a forlorn hope? My father, as usual, gave me a quizzical look, but said nothing.

About two weeks later over our evening meal, he said he had been filling his car up with petrol at a garage he often used in the village of Bunny, located between

Loughborough and Nottingham, he had noticed among the cars for sale a vehicle that might be suitable for me and that on the following Saturday we should go and have a look at it he said this with a bit of a wry smile. I should have been warned.

The following Saturday we duly set off to have a look at what he had found. Once at the garage, we parked near a group of quite respectable cars for sale. I thought, 'wow this looks good'!

He led me through these to the back of the garage, and there it was all on its own a 1937 Morris 8 looking decidedly the worst for

wear! The engine on a piece of cardboard was on the back seat together with numerous boxes full of components from under the bonnet. What was this all about, I thought?

It transpired the previous owner had brought it in for repairs as it was burning oil, however, despite the mechanic starting the initial dismantling he decided he couldn't afford the bill and told the garage to keep the car and walked away much to the disgust of the garage owner, a Mr Tebet. My father came to an agreement with him that we would take the vehicle off his

hands for the princely sum of £20, provided that he bored out the cylinders using the cylinder boring bar machine he had spotted in his workshop. After a bit of haggling this was agreed to.

It needs to be pointed out that my father was a maintenance engineer employed by Morris Cranes at Loughborough, hence his extensive mechanical knowledge and expertise.

He hadn't always been an engineer and had started his working life as a pork butcher in Tynemouth and Hexam, Northumberland but, due to the 1930s recession he lost his employment and took advantage of a



## *long-time Sudbrooke resident Allan McCrone*

Government retraining scheme at Birmingham and changed his career. So a couple of weeks later we duly set off for Bunny, collected the car complete with newly bored-out cylinder block etc, and towed it back to Loughborough behind my father's car and parked it on the drive alongside our garage which was well equipped with benches and tools etc.

So the hard work began. My father's comments were 'if you are going to own a car you better know how it works. Therefore you put it together. If you run into problems I will advise and help, but it's up to you to do the bulk of the work (I suppose on reflection it was his way of training me to have some mechanical training)'. The first job was to manhandle the cylinder block on to a low bench to make it easier to work on, as it had been bored out to 40 thousandth of an inch oversize; new larger pistons where needed obtained from a motor spares supplier in Leicester these came complete with Wellworthy compression, oil scraper and oil saver rings.

The connecting rods then had to be dismantled from the original pistons by driving out the gudgeon pins, then it was discovered that the big end bearings where badly worn and needed attention, unfortunately these were white metal cast directly into the steel of the bearing housing.

The only solution was to melt out the old white metal – this was done using a decorator's blow lamp after my mother refused to let us use her gas cooker! The next step was to obtain a block of new white metal (often known as Babbitt metal). This

was melted in a long handled crucible using the blow lamp and the bearing surfaces recast,

Then the hard work began. The crankshaft was mounted in 'V' blocks on the workbench so it could be freely rotated and the bearing journals coated with engineer's blue, and the big ends attached. The crankshaft was then

### ***"There it was, a 1937 Morris 8 looking decidedly worse for wear"***



rotated – this showed up all the high spots on the bearing surface which

had to be laboriously removed using a hand scraper. This process was repeated time and time again until a uniform bearing surface was obtained.

Fortunately, the three main bearings on the crankshaft were in good order so did not require

replacement. It was decided to also replace the little end bearings at this stage, these were phosphor bronze and had to be driven out (big hammer and a vice) and replaced with new ones.

This was a tricky operation as they had to be a very tight fit and fortunately at my place of work I had access to liquid nitrogen. This was used in the manufacturing process of lamps. I explained to my manager what I needed it for (he was intrigued). A thermos flask full was brought home this is the only way it can be transported as it has a temperature of -180 degrees.

The new bearings were suspended on a wire in the liquid nitrogen for about five minutes this contracted their dimensions to a point where they could be just popped into the end of the connecting rods, on returning to room temperature they were locked in tight and were then reamed out to fit the new gudgeon pins and the new pistons fitted.

# SUDBROOKE WALKING CLUB

WITH MIKE HALLIDAY - 01522 754686

## ■ WHAT, WHERE AND HOW

► I have been asked how we identify our group walks and is there a set programme for the year.

We actually run the walking group on informal lines with no membership subscriptions, no formal rules and members can volunteer to lead a walk if they wish.

During a walk we will agree the location for the next walk. Sometimes this has to change if ground conditions are poor and we need to opt for a 'drier' walk.

We often respond to the seasons for walk location taking advantage of the free massed displays of snowdrops, daffodils, bluebells, autumn fruit and tree colour all in a natural setting. The focus of other walks may be historical as the Romans and Vikings were quite busy in Lincolnshire, as well as the RAF presence in World War Two.

Details of established walks are obtainable from many sources: the County Council and

District Councils provide printed leaflets for walks of all types. On line access and download is also available.

Parish Councils, village churches, shops and cafes often have details of local walks.

I have a complete set of Ordnance Survey explorer maps for the whole of Lincolnshire so that we can tweak an established walk or plan our own walk if necessary.

There are also many hardback and paperback publications of walks in Lincolnshire. The Ordnance Survey 'Lincolnshire and the Wolds outstanding circular walks' and '100 walks in Lincolnshire and Humberside' by The Crowood Press are good ones.

Best of all individuals have their own favourite walks so variety is not an issue for us.

Beyond lockdown we meet on the first Saturday of each month at 9.30am at the village hall and usually walk six to eight miles.

Everyone is welcome to join us.

# NETTLEHAM BOWLS

Bowls could well get the 'green for go' signal very soon and Nettleham Bowls Club are already gearing up for a return to action in the coming weeks.

Chairman Derek Kilby told **Sudbrooke News**: "We hope to be playing soon. We have put down the ditch matting and we will be having our green cut to bowling length.

We will be playing singles to start with, on three rinks, and keeping our distance."

The club have around 50 members and quite how the season - which should have started over a month ago - will pan out, no-one knows.

Derek added: "There is a question about league matches - maybe they will be played at the end of the year, but at the moment we are working on information received from Bowls England."





# SUDBROOKE VILLAGE HALL

REGISTERED CHARITY NO. 504143

Bookings and Enquiries: 07539  
604258.

Email: [sudbrookevillagehall.bookings@gmail.com](mailto:sudbrookevillagehall.bookings@gmail.com)

Website: [parishes.lincolnshire.gov.uk/Sudbrooke/](http://parishes.lincolnshire.gov.uk/Sudbrooke/)

The village hall is currently closed until further notice. Enquiries can be made for future events.

Facilities include the main Stuart Curtis Hall and Bramham Lounge. These can both be booked with the commercial kitchen and licensed bar. WiFi and a projector screen are available. The hall is next to the playing field and children's play area and is a pleasant venue for family parties, wedding and Christening parties.

**THE HALL IS CURRENTLY CLOSED UNTIL FURTHER NOTICE**

Enquiries will still be taken by the booking secretary

## WELTON PATIENTS' AND DOCTORS' ASSOCIATION (PDA)

LATEST NEWS FROM JANET GODDARD ON 01673 862570

On behalf of the PDA, myself and all the drivers we hope that all our supporters and anyone reading this are keeping well.

We would like to say a huge thank you to everyone who donated plants to the PDA for sale on Ryland Road and to all those who came along and made purchases. The grand total was £561.45 which is just 55p less than the amount we raised last year. What a terrific result!

As I said last month, the PDA transport scheme is still in operation albeit on a much reduced level. We have a driver each day for anyone needing transport to an urgent appointment at the health centre following a telephone consultation with the practice. We are also able to take patients to urgent hospital appointments, but with certain restrictions in place.

On confirming the driver and pick-up time, you will be asked again whether you are showing any of the coronavirus symptoms. You will also be asked to sit in the back passenger side of the car and the driver will not come into the hospital building. You will be given a mobile number to ring when you are ready and will be collected from the door. We hope that by taking these precautions we can protect both the passengers and drivers. I have been asked whether we can take patients to visit relatives in nursing/care homes. The answer is yes, provided the home involved is still

allowing visitors. The majority will ask the visitor to remain outside and the person being visited will be brought to a window. These visits should be booked through the health centre.

At this time we have lost the income from the spring lunch, and the autumn fair is also looking increasingly unlikely to take place. The Christmas lunch may also be at risk and so with this in mind we have been turning our attention to other ways of raising funds.

We are hoping to hold a raffle later in the year and we will be adhering to current government regulations regarding social distancing at the time. If anyone owns a business or is self-employed, would you consider donating a prize please? It could be something like five hours' garden work, making a wooden item, a day's painting, window cleaning (external) etc. if you are self-employed and this is your trade or a purchased prize from any businesses out there.

We have also created a crowd funding page on 'just giving' the link is here: [www.justgiving.com/crowdfunding/welton-pda](http://www.justgiving.com/crowdfunding/welton-pda).

The PDA committee gave a lot of thought to this suggestion which originally came from a patient who said that this would be a good way of showing appreciation to the doctors' practice. If you need further info, please get in touch.

# WELTON HEALTH

WITH NADINA PRESTEDGE - 01673 862232

## ■ ACCESSING THE SURGERY FOR TREATMENT OR ADVICE

► In line with Government advice on reducing risks of cross infection and enabling a safe switch on of services, Welton Family Health Centre will continue to triage all patient contact by telephone, and will shortly be introducing a complete online triage appointment system.

In the meantime, patients will need to continue to telephone the surgery before attending as they will not be permitted entry UNLESS they have been given a face to face appointment by a doctor or nurse.

## ■ WHAT TO DO IF YOU HAVE SYMPTOMS

► We ask that patients with Covid-19 symptoms continue to contact 111 for advice and to stay isolated at home as per the Government guidance.

## ■ HIGH RISK/SHIELDING PATIENTS

► Patients that have already been identified by NHS England or the surgery as being in one of the recognised 'high risk groups' will be contacted by our clinical team to check if you require any support with your health condition, medication or any other welfare support. If you need help sooner, please contact reception.

Please note that the most recent Government guidance is advising patients that have been notified as high risk to shield until June 30, 2020, subject to further review.

## ■ PRESCRIPTIONS

► The dispensary will continue to operate as it has done for the last five weeks. To order repeat medication, patients can:

- post their repeat requests through the front door letterbox
- use the 24 hour answer machine to order medication
- to use the 24 hour online tool to order medication

For patient and staff safety, we will continue to offer restricted collection times of 11am, 1pm and 5pm will continue, and patients are asked to specify a time and day they wish to collect their medication. We will continue our complimentary delivery service, free of charge, for patients over the age of 60 and those that are shielding or isolating under government guidance.

## ■ ONGOING LONG TERM CONDITION REVIEWS

► Patients who have long term conditions will be reviewed over the coming weeks by our Clinical Team. Patients will be contacted by the surgery and be given appropriate appointments for their reviews. To support us with this please can you ensure that we have up to date contact details for you - including address, telephone / mobile telephone number, and email address with consent for us to use these methods of communication.

## ■ CHILDHOOD IMMUNISATIONS

► The Practice is continuing to give vaccinations to children as part of the normal schedule.

## ■ THANK YOU

► The Practice would like to take this opportunity to thank all staff, patients and colleagues for their flexibility, understanding and kindness during these unprecedented times.

# INFORMATION STATION

## WHO, WHERE, WHEN AND WHAT

### EMERGENCY SERVICES

Emergency .....	999
Police.....	101
Fire & Rescue .....	01522 582222
Ambulance Service .....	08450 450422
PSCO Jackie Parker .....	07973 842368

### WEST LINDSEY DISTRICT COUNCIL

Main number.....	01427 676676
Out-of-hours.....	01427 613960

### ENVIRONMENT AGENCY

Flood line .....	0845 988188
Incident hotline.....	0800 807060

### LINCS COUNTY COUNCIL

Main number.....	01522 552222
Emergency planning.....	01522 582220

### HEALTH SURGERIES

Nettleham Health Centre .....	01522 751717
Welton Health Centre.....	01673 862232

### SCHOOLS

Sudbrooke Pre-School .....	753938
Ellison Boulters.....	01673 862392
William Farr .....	01673 866900
Cherry Willingham .....	01522 751040
Scothern After-School Club .....	07944 709024

### UTILITY COMPANIES

Electricity Central Networks.....	0800 6783105
Gas - National Grid .....	0800 111999
Anglian Water .....	08457 145145
Severn Trent Water .....	0800 7834444
Yorkshire Water .....	0800 1573553

### NETTLEHAM LIBRARY

Opening Times .....	01522 782010
Tuesday-Friday: 1-5pm	
Saturday: 10am-12noon	

### WHAT'S ON IN SUDBROOKE AND SCOTHERN

25th Lincoln Scouts.....	753689
1st Scothern Brownies .scothernbrownies@hotmail.co.uk	
Sudbrooke Seniors.....	750852

### HOME SECURITY ADVICE

### SUDBROOKE PARISH COUNCIL

#### Clerk to the council:

Mrs C M Myers, 94 Jubilee Close, Jubilee Park,  
Cherry Willingham LN3 4LD .....750531  
Email: SudbrookeParishCouncil@gmail.com

#### Chairman:

Peter Heath..... 595061

#### Vice-Chairman:

Bob Waller.....753017

#### Members:

Ian Russell.....	754984
Andrew Cottam .....	750470
Mike Turnbull .....	752245
Barbara Bingham.....	595654
Stuart Hewson .....	750065

#### Treasurer:

Bridget Solly..... 01673 857580

#### County Councillor:

Sue Rawlins, Badgers Holt, Friesthorpe Road,  
Buslingthorpe .....

#### District Councillor:

Bob Waller (also Parish Cllr).....753017  
Email: cllrrwaller@gmail.com

### MEMBER OF PARLIAMENT

Edward Leigh, 20 Union Street, Market Rasen  
LN8 3AA..... 01673 849461  
Email: gcca.uk@btconnect.com

### SUDBROOKE VILLAGE HALL HIRE

Dave Rowley..... 07539 604258

### CLERGY

Reverend Penny Green .....

IF YOU WOULD LIKE TO BE  
FEATURED ON THIS PAGE, THEN  
EMAIL [sudbrookeneews@gmail.com](mailto:sudbrookeneews@gmail.com)

Ladies Club.....	595736
Gardening Club .....	751198 & 750031

Dave Cook.....422706



# Sudbrooke Village Support for the vulnerable and isolated during Covid-19

These services are being offered by a team of volunteers and should only be used as a last resort or if you are in the above categories.

## Services offered

### Shopping orders and deliveries from Sudbrooke village shop

Shop Number:

01522 754234

Arvind: 07448192999



Telephone card payments are accepted over £5 otherwise cash on delivery.

### A Listening Ear

Pauline: 01522 754937

Julia A: 07853 287204

Jen: 07889 575126

Francesca: 07732 402666

Dima: 07753 444336

Julie: 07977 545280

Anna: 07865 400498

Veena: 07816 857550 (after 5pm)



### Prescription Pick-up and Delivery

(from Nettleham Medical Practice only)

There is a team of volunteers available under the leadership of:

Ailsa: 07814 040260



### Dog Walkers

Meehan Family: 07717 001496

Crowther Family: 07702 045944

Bov: 07949 202932



**Requests** (please do leave a voicemail if no one is available)

Adam: 07734 411576

Anna: 07865 400498

Stella: 07498 351051

Ruth: 07918 030765

Julia M: 07804 462037

ALSO

Emma Chapman - Welton Health Centre prescription deliveries, 07725 519544