# SUDBROOKE NEWS

**DECEMBER 2016/JANUARY 201** 



# **EDITOR'S RAMBLINGS**

# **DECEMBER 2016/JANUARY 2017**

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ANOTHER year gone in the blink of an eye - it's true when they say as you get older, the time seems to pass that little bit quicker.

I must apologise for the lateness of this issue – other commitments, mainly work, got in the way this past month, but no edition in January gives us the chance to get back on track for February.

I am told that Santa's visit to Sudbrooke last month was a successful one - hardly seems worth him heading back home to Lapland when he's back here again in a couple of weeks' time.

Anyway, all the usual elements are here again in the year's finale, with the Church rather dominating proceedings towards the centre of the magazine. Seeing as it is Christmas....

Some of you may have noticed the absence of the 'Letters' page over the past few months - correspondence has dried up from you hardy folk in the village. Have you not got anything to complain about?! Oh well, Merry Christmas and a Happy New Year to you all. Melekalikimaka. **Dom** 

### FEB ISSUE - DEADLINE FOR CONTRIBUTIONS: JAN 20

### **EDITOR & ADVERTISING MANAGER**

Dominic Picksley Telephone: 01522 595705 sudbrookenews@gmail.com

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——— October 2016

Notes of the monthly meeting of Sudbrooke Parish Council held on Thursday 6 October in Sudbrooke Village Hall.

### PRESENT:

Councillors Peter Heath (Chairman), Paul Rignall, Ian Russell, Miss Rose Dobbs, Andy Cottam, Mrs Lyn Etheridge, Stuart Curtis, Mrs Christine Myers (Clerk) and one member of the public.

### 92) Parishioners' Items

- Deposit of soil on the road and footpath in The Paddock. Councillor Stuart Curtis had taken spoken to the person responsible and been assured that it would be cleared away.
- A tree on St Edwards' Drive required attention to a dead limb but residents reporting it to LCC Highways had received no reply. The Council instructed the Clerk to report it and ask County Councillor Sue Rawlins to follow up the matter with LCC Highways.
- Overhanging trees requiring attention on West Drive. The Clerk was instructed to ask the resident to report the matter to LCC Highways, following the Clerk making a report.
- Narrowing of the cycleway between Scothern School and Sudbrooke due to the grass from the verge encroaching some two feet onto it. The Clerk would report this to LCC Highways and also ask County Councillor Mrs Sue Rawlins to follow the matter up.

# — 93) Apologies –

Apologies received from Councillor Bob Waller and Mrs Bridget Solly (Treasurer). That the apologies and reasons given be accepted proposed by Councillor Peter Heath, seconded by Councillor Ian Russell and Resolved.

# — 94) Notes of Meeting held on Sep 1, 2016, to be Approved as Minutes —

Following a vote it was unanimously Resolved that the notes of the meeting be signed as minutes.

## 95) Police Matters

■ a) Stats for September:
CONCERN FOR SAFETY 1
TRANSPORT
RTC 1
TRAFFIC OFFENCE 1
TOTAL 3

- **b**) Outline Police and Crime Plan circulated to all Councillors and noted.
- c) Invitation to join Lincolnshire Police and Crime Panel circulated to all Councillors
- d) Nettleham Policing Priorities Panel Councillor Miss Rose Dobbs reported her attendance at a recent meeting of the Panel and outlined the two priorities set at the meeting as follows:
  Priority 1: A Police representative attend one in every three parish council meetings for each parish

within the policing area.

Priority 2: Conduct speed checks in Holton-Cum-Beckering, Washdyke Lane & Scothern Road, Nettleham and the A158 Main Road, Langworth.

96) County Councillor's Report

No County Councillor present.

# 97) District Councillor's Report

■ DC Stuart Curtis reported that a vote on Devolution would be taken at a full meeting of West Lindsey District Council on October 10.

# - 98) Correspondence and Reports —

- **a) Sports Event**: This had been reported as successful, but lacking in numbers due to the poor weather on the day. It was suggested that if organised in 2017, it may be more appropriate to hold the event in July.
- **b)** Christmas tree event: Mention was made that it may not be possible, due to licencing law, for the Parish Council to serve mulled wine at this year's event. Councillor Stuart Curtis would check with the Licencing Officer, WLDC and report back.
- c) Bus Shelter near to Cherry Tree Café repairs: LCC had requested that the Parish Council arrange for the repairs, the cost to be reimbursed by LCC. The Clerk had obtained a quotation in the sum of £200 which had been agreed by LCC. The £200 had been received by the Parish Council and the work would be carried out shortly.
- d) Councillor FP 158, West Drive Scothern Lane: No reply had been received from Jackson and Jackson in response to the Parish Council's letter of September 2. A further letter would be sent to them.

Letter received from resident of West Drive regarding ownership of the unadopted part of West Drive leading to Scothern Lane.

The understanding was that the southern half of the unadopted part of West Drive leading to Scothern Lane is in the ownership of Wilkinsons (together with Beech Tree area), but that they have a right of way over the northern part.

# – 99) Risk Assessment Training =

■ a) **Report by Clerk:** The Clerk reported that she and Councillor Stuart Curtis had undertaken training on risk assessments given by local resident Mr Dave Barratt of Safety First. The forms were very concise and assistance for completion may be required.

Following a vote it was Resolved that the Clerk contact Mr Barratt to enquire if he would be willing to assist with their completion on a paid basis.

**b) Approval for purchase safety wear:** It was noted that the Parish Council did not own any safety wear for volunteers undertaking work on behalf of the Council.

Resolved unanimously that the Clerk initially purchase high-viz tabards and additional items be purchased as required.

# **STREET LIGHTING ISSUES - PAGE 12**

# ——— 100) Play equipment ——

■ a) Request by resident for zip wire: PC Insurance company had confirmed that the cost of insuring a zip wire could be provided, currently at £220.00 per annum public liability plus an amount dependent upon its cost for material damage.

Members considered the provision/purchase in detail but felt that the equipment would be too difficult to manage. Following a vote it was Resolved unanimously that the Council do not purchase a zip wire.

- **b) Provision of goalposts grant application:** The Clerk reported that application for funding the goal posts had been made through the WLDC large grants scheme. Written support was required from residents who would use the posts and requests would be made through the list of residents held by the Clerk.
- c) Consideration of replacement of steps on slide at Village Hall play area: Further to minute 79 -16/17 (c) a price had been obtained for replacement treads with plastic polydeck in the sum of £80.00 by EKM Ltd.

Following a vote, Resolved unanimously that the work go ahead.

**d) Play Equipment Annual Inspection Report:** Councillors had received copies of the RoSPA reports for both play areas. It was noted that a piece of fencing was missing at the play area at Northfield Park and the Chair offered to take a look and repair if possible.

## —— 101) Grounds Maintenance/Tree Work —

- Work required to tree in Jubilee Garden: Quotation received in the sum of £90 from Arborez for work required to remove dead limbs of a tree. Resolved unanimously that this price be accepted and work initiated urgently for safety.
- **Grass cutting 2017/18 season:** The Schedule had been prepared by Councillor Bob Waller and the Clerk. Following a vote Resolved unanimously that it be accepted and interested companies be invited to quote.

## ——— 102) Request to use Tennis Court for Dog Training —

Councillor Stuart Curtis had been approached by a resident requesting use of the tennis court for dog training. Members considered the request but following a vote Resolved unanimously against the request.

# 103) Request bt Glendale Ltd for Testimony to be included on Co. website

■ Members were pleased to be able to provide such and the Clerk was instructed to write a suitable paragraph for inclusion.

# MAKE YOUR VIEWS HEARD (AND SEEN)

Want to get anything off your chest?
If so, then email sudbrookenews@gmail.com

## ----- 104) Finance ----

- **a)** Consideration External Auditors Report Accounts 2015/16: Two minor comments were made over the representation of the details of the accounts which was explained by the Clerk and noted.
- **b) Income:** Lincolnshire County Council £200.00 repairs to bus shelter.

### **c)** Accounts for payment:

Glendale - August Cut	£546.54
Playsafety - annual inspection	£176.40
EKM Ltd - painting/repairs to play equipment	£2,340.00
Mrs C Evans - wood preservative for carvings	£46.90
Todds - Paper	£13.56
Mrs B Solly – expenses – September	£6.75
Mrs C Myers – expenses – September	£71.07
LALC - guides for Councillors	£22.50
Glendale - spraying nettles/removal of cuttings Jubilee Garden	£60.00
Glendale - two cuts during September	£985.37

Proposed by Councillor Andy Cottam, seconded by Councillor Paul Rignall and following a vote unanimously Resolved that the above payments be made.

# = 105) Planning Matters =

- a) Sudbrooke Neighbourhood Plan: Councillor Stuart Curtis reported that progress was quiet at present. However, preparation was in hand for a public consultation and a questionnaire to be circulated. The grant of £3990.00 from Groundwork UK had been approved.
- **b) Application 134726:** Outline application for the erection of three dwellings, land off Main Drive ratification of approval of comments submitted by the Clerk to WLDC as follows:- 'Some members of Sudbrooke Parish Council have viewed the plans as above and comments are as follows:-
- There are objections on the grounds of access it is considered that the proposed access is in a dangerous position. he single track road (Main Drive) cannot cope with more vehicles. The Design Statement (5.11) states this road is wide enough for two cars to pass which is not the case.
- The Design Statement refers to the local shop as though this is thriving the shop is currently closed.
- It is recommended that if permission is granted all protected trees must be retained and WLDC should place TPOs on other remaining trees to avoid future loss.
- Neighbours' views should be taken into consideration when determining the application.'
   Proposed by Councillor Peter Heath, seconded by Councillor Paul Rignall and Resolved that the above comments ratified.

NB Councillor Stuart Curtis declared an interest in the above as Chairman of the WLDC Planning Committee.

**b) Application 14964:** 6 Maple Drive - erect detached garage - No objections.

## 105) Planning Matters cont

- **d) Application 134726:** Langdale Lakes, Langworth change of use of land to site 10 touring caravans - no objections.
- **e) Proposed boundary fence hedge, 2 Fox Covert:** The resident had asked for approval to replace existing rear fence and plant hedge along boundary. Members considered the request and raised no objections to the hedge (height not to exceed two feet) subject to the resident having obtained the consent (if necessary) of any statutory undertakers and the Planning Authority to ensure that any main services will not be affected and that the new boundary will not contravene any planning conditions.
- **f) Permission 134430:** 32 Scothern Lane demolition of existing dwelling and erection of replacement dwelling and 1 new dwelling.
- **g) Permission 134563:** 10 Park Close single storey extension to rear.

# 106) Clerk's Report

■ The Clerk reported that she was working on a Health and Safety Policy which she would present to Council for consideration of approval at a future meeting.

The filing cabinets had been sorted and the waste shredded by a local company, Certificate of destruction issued

Both the Clerk and the Chairman had attended a Chairman's and Clerks Course at Welton, organised by LALC which both had found useful and informative. It had stressed the importance of staff reviews and the Clerk requested that these be carried out for herself and the Treasurer.

Members agreed that this could be arranged within the next month, the Chair and one other Councillor to undertake the reviews.

# 107) Chairman's Report

None

## 108) Correspondence

- Notification of change of address for Came & Co, parish Council insurers.
- Letter from Ryland Design enquiring about what stage Sudbrooke Neighbourhood Plan had reached - Councillor Stuart Curtis authorised by to reply on Parish Council's behalf.
- Interim Review of polling districts/places noted
- Best Kept Village Competition comments noted and published in **Sudbrooke News**
- West Lindsey Parish and Town Council Forum 25 October, Sudbrooke Village Hall Clerk and Chairman to attend.
- Safeguarding in the Community Seminar, 3 November 2016
- Information re funding available from Tesco
- Letter from LCC Highways regarding how they are dealing with minor lighting faults to be published in **Sudbrooke News**

# 109) Date of next meeting

■ Thursday 6 November 2016 - 7.30pm, Sudbrooke Village Hall.

# PARISH COUNCIL REPORT

# Brief report of meeting held on November 3. 2016

- **Application for funding for goalposts:** I am pleased to report that the Parish Council has been awarded an 80 per cent grant for providing goal posts for siting on the new sportsfield on Scothern Lane. Many thanks to all those residents who wrote letters of support for goalposts and allowed the letters to be sent to the Grands Awarding Team.
- Grass encroachment on the cycleway Sudbrooke to Scothern: The grass on the footpath is shortly going to be sided back, making the path wider to for cyclists and pedestrians.
- **Defibrillator for Sudbrooke:** The Parish Council can obtain a defibrillator for the parish through a grant scheme. Discussions are in the early stages, but it is hoped that a suitable site can be agreed. With a defibrillator comes the opportunity for 12 persons to attend training to be able to use it. Anyone who thinks they would like to be included in the training please contact the Clerk to the Council.
- **BT Consultation on the removal of phone boxes:** The phone box at the corner of Scothern Lane/ A158 junction has been used once during the last 12 months and is going to be decommissioned by BT and then removed.
- Budget 2017/18: The Parish Council will set its budget at the next Parish Council meeting. Residents need to be aware that the Precept will inevitably have to increase. This is due to the withdrawal of the Council Tax Support grant paid to WLDC by the Government and the non-contributing to the grass cutting in the parish by the County Council.
- **Date of next Parish Council meeting:** Progress is quiet at the present however preparation is in hand for a public consultation.
- Date of next meeting: Thursday 1 December 7.30pm, Village Hall. All residents are welcome to attend and speak at the beginning of the meeting under 'Parishioners Items'.

# **SCOTHERN PLAYERS**

SAVE THE DATE!

Our 2017 production is Eric Chappel's (writer of ITVs Rising Damp)

SIDE EFFECTS

Performances: Jan 17-18, 24-25 & Feb 7 for 7.30pm – tickets £7

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# TAKING A WALK IN THE COUNTRY



----- With Mike Halliday ----

01522 754686

### **NOVEMBER WALK**

Eight walkers set out on a bright and breezy Bonfire Day to enjoy the delights of autumn tree colour in Willingham Woods and the surrounding countryside.

The leaf colour seems to be particularly vibrant this year and maybe reflects the good

growing conditions for trees and other plants.

Market Rasen golf club clearly intended to enjoy Bonfire night looking at



the enormous pile of wood ready for burning.

### DECEMBER WALK

■ We planned a local walk starting from Sudbrooke Village Hall on Saturday 3rd and this was determined by ground conditions.

If it was fairly dry underfoot we would have done the Sudbrooke, Reasby, Pickerings Meadow and Scothern walk of about seven miles.

If it was wet underfoot we would have done the Sudbrooke, Scothern, Stainton By Langworth and Langworth walk of about six miles.

Walkers met at the Village Hall at 9.30am. Walkers were advised to take a waterproof coat, wear suitable footwear, bring a drink and a snack.

Everyone was welcome to join us.

For more on this walk and future walks, look at the February edition.

# SUDBROOKE PARISH COUNCILLORS WHO'S WHO?

### Chairman:

Peter Heath - 67 Holme Drive 595061 **Vice Chairman:**Bob Waller - Two Corners, Church Lane 753017

### **Council members:**

Mrs Lyn Etheridge - Labda, Main Drive 750905
Paul Rignall - 4 Windsor Close 595736
Miss Rose Dobbs - 8 Park Close 753060
Ian Russell - 69 Wragby Road 754984
Stuart Curtis - 50 Scothern Lane 751874
Andrew Cottam - Church View Cottage, Church Lane

750470

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# STREET LIGHTING

THIS is the response I have received from Highways following my complaint over the number of street lights requiring attention in the village. I shall be pleased to hear from any residents who have occurred exceptional hardship due to the policy taken by the County Council.

Cllr Stuart Curtis District Councillor

**Richard Hardesty** 

Dear Cllr Stuart Curtis.

Thank you for your recent enquiry relating to outstanding street lighting faults.

You may be aware that due to reductions in funding, the Council is having to make substantial reductions in expenditure, so far by more than £100m over the last few years, and we need to save a further £41m this year. We simply can't afford to do everything we've done in the past. As outlined in County News last year, we are having to make difficult decisions and the consultation feedback from the public gave us our priorities for savings.

As part of this Lincolnshire County Council is transforming the way it provides street lighting in Lincolnshire to save over £1.7m per year, reduce LCC's carbon footprint by over 6,000 tonnes of CO2, reduce light pollution and ongoing maintenance needs. In order to achieve this we need to make changes to 58,000 of our 68,000 street lights by the end of March 2017. With this in mind it has been decided that our resources must focus on implementing the changes, in order to enable the authority to meet the required savings.

To this effect the authority has stated that individual lamp failures will be considered on a case by case basis, but in the main will be attended to when the programme visits the area to introduce LED or Part Night lighting. We are still responding to emergency faults though in accordance with our normal processes. If you have some specific examples that you would like me to consider I will be happy to look into them for you.

Kind regards

Senior Project Leader (Major Schemes)
Lincolnshire County Council - Highways Alliance

# THE SUDBROOKE LOCAL

**DATES FOR YOUR DIARY** 

# **QUIZ NIGHT**

DECEMBER 16 ?
JANUARY 13

FEBRUARY 10

MARCH 10 APRIL 14

**?** MAY 12

JUNE 9
JULY 14

• AUGUST 11

SEPTEMBER 8
OCTOBER 13

NOVEMBER 10 DECEMBER 8

The Village Hall bar opens at 7.30pm, with the quiz starting at 8.15pm.

# THE CHURCH DIARY

# With Revd Penny Green ———

01522 595596 - revdpg@virginmedia.com - @revdpenny



### THINKING OF OTHERS AT CHRISTMAS

■ I must begin by thanking all those who have supported the church this year and have supported the various charities that we support as a Group.

The box for The Nomad Trust left in Reepham Church is often replenished with items (and we now intend for one to go into Sudbrooke Church) in the last few weeks, our Group of Churches have delivered 85 shoe boxes to Jacobs Well, an organisation based in Beverley who will ship the boxes along with thousands of others to various places in the world.

Our 85 are on their way to Burkina Faso, one of the poorest countries in the world, and I am sure that those gifts will bring light to the lives of those who receive them; we have continued to support St Barnabas Hospice, Cancer Research Charities, our Christingles will

support The Children's Society... and so it goes on as we try to bring some light to the lives of those who struggle.

The image of light is one that Christians associate with Jesus, who termed Himself 'the light of the world'.

John said of Him 'In Jesus was life, and that life was the light of all mankind. The light shines in the darkness, and the darkness has not overcome it'. In this last year we have seen in our world, a significant amount of darkness. Christmas gives us an opportunity to redress some things, to share some light and to bring a different perspective to life, to share Christ with others and to be openhearted to those in need of a little light in their lives.

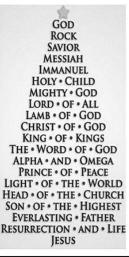
Every blessing to you this Christmas and new year. May God bless you richly as you celebrate this season, and may the light of Christ dawn in each of us

## **CHURCH SERVICES FOR DECEMBER**

Date	Venue	Time	Service
Sun 4 December	Stainton By Langworth	9.15am	Morning Praise
	Greetwell	10.45am	Harvest Holy Communion
Tue 6 December	Sudbrooke	6pm	Ellison Boulters Christingle Service
Sun 11 December	Barlings	9.15am	Holy Communion
	Sudbrooke	10.45am	2ndSunday@Sudbrooke
Thu 15 December	2 Chestnut Close, Sudbrooke	2.30pm	Tea Service
Fri 16 December	Stainton-by-Langworth	6.30pm	Stainton Singalong
Sat 17 December	Cherry Willingham	3pm	Quiet Christmas
Sun 18 December	Langworth	9.15am	Holy Communion
	Sudbrooke	10.45am	Morning Praise
	Sudbrooke	6pm	Carol Service
Tue 20 December	Sudbrooke	6pm	Carol Singing
Sat 24 December	Sudbrooke	3pm	Crib Service
	Langworth	6pm	Family Carol Service
	Sudbrooke	11.30pm	Midnigt Mass
Sun 25 December	Barlings	9.15am	Christmas Holy Comunion

### CHURCH SERVICES FOR FIRST TWO WEEKS OF JANUARY

Date	Venue	Time	Service
Sun 1 January	Stainton-by-Langworth	10am	Holy Communion
Sun 8 January	Barlings Sudbrooke	9.15am 10.45am	Holy Communion 2ndSunday@Sudbrooke
Thu 12 January	2 Chestnut Close, Sudbrooke	2.30pm	Tea Service



# St Edwards Sudbrooke

# 'Our Monthly Family Worship Service'

Further info: rev.chris.hewitt@btinternet.com or 754924

# Lets get ready for Christmas Sunday 11th December

Coffee, Tea and Pastries from 10am Service starts at 10.45am



Don't forget our Crib Service
A retelling of the nativity story with carols
for children.
3pm Christmas Eve

# 'Wishing you all a very happy Christmas'



### CHIIRCH SERVICES FOR LAST TWO WEEKS OF JANUARY

CHARCH SERVICES FOR EAST TWO WEEKS OF SANGART			
Date	Venue	Time	Service
Sun 15 January	Langworth	9.15am	Holy Communion
	Sudbrooke	10.45am	Epiphany Praise
Sun 22 January	Sudbrooke	10.45am	Holy Communion with Archdeacon of Stow and Lindsey presiding
Thu 26 January	2 Chestnut Close, Sudbrooke	2.30pm	Tea Service
Sun 29 January	Langworth	10am	Holy Communion



# St Edward's Church

<u>Carol Singing</u> in aid of the Children's Society

Tuesday 20th Dec 6-7pm

Please join us to start at the 'Village Christmas Tree' The more the merrier Meet at 5.45pm

Further details: Revd Chris Hewitt 754924

# **QUIET CHRISTMAS**

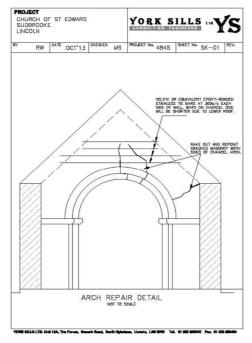
Saturday 17 December 3pm in
St Peter and St Paul, Cherry Willingham
An opportunity to remember someone you
will miss this Christmas
If you wish to, knit a star to remember and
bring it with you - it will be displayed in
church over the Christmas period

# CHRISTMAS DAY LUNCH

Cherry Willingham Church Hall
We still have a few places available. If you are
likely to be on your own on Christmas Day and
don't want to be, come and join us.
Transport is available
Ring Revd Penny on 01522 595596

# Thank you, Sudbrooke!

You may remember in July 2016 that St Edwards Church started a village appeal to assist in funding the serious cracking issues to the Chancel Arch within the church.



We are pleased to inform you that before Gift Aid contributions are taken into account, we have received a grand total of £5837 from the local community.

Many of the donations given have been private, and the donors have asked to be kept anonymous, but we must publicly thank Steve Wilkinson, Nigel Wilkinson and Dominik Jackson for their joint personal contribution of £3000 to the project. This of course will be enhanced by up to another £750 by Gift Aid reclaim, and has been a great boost to the fundraising effort.

We have also received another £6000 from other charitable sources and are therefore now in a position to instruct builders to complete the works — hopefully during the first half of 2017.

On behalf of St Edwards can I once again thanks all those who have donated. Revd Chris Hewitt

### HACKTHORN & COLD HANWORTH LOCAL HISTORY GROUP

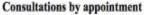
Hackthorn Village Hall on Thu 12 Jan at 2pm

We will have the chance to look through the History Bookshelf in the Hall, to discuss what subjects we may like to explore in the coming year and discuss the possibility of speakers for the year.

Everyone welcome

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Spring Specials: 15% discount on neuters/spays and vaccinations from April to end of June, on presentation of this advert.

# POETRY CORNER

The latest contribution to our new column...

# THE EMMANUEL

Christmas, Christmas, almost here, A joyous ending to our year, In which our thoughts turn to them That travelled far to Bethlehem.

Seeking shelter found they none, But a stable owned by one, who felt compassion on the mild, Mary who was bearing child.

Anywhere the night to pass, Even a stable with ox and ass, Thanking him, they settled down, To join the quietly sleeping town.

Wise men seeking from afar, Slowly followed the ascending star, To where the infant Jesus lay, Iln a manger midst the hay. Bowing down their gifts they gave, To the infant born to save, Joseph's eyes did then behold, Gifts of frankincense, myrrh and gold.

Shepherds biding in a field, Did to the angel's voices yield, And made their way with quickening stride, To join the wise men by His side.

Bowed in worship and in praise, At the infant they did gaze, Seeing there and knowing well, Here at last, Emmanuel!

Alec C. Carrotte

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- Half a page = £16 per month
- Full page = £31 per month For more info contact: sudbrookenews@gmail.com





# CHRISTMAS FAYRE

# Sudbrooke baby & toddler group presents... Sudbrooke Christmas Fayre!

Sunday 11<sup>th</sup> December 10 - 12pm at Sudbrooke Village Hall

Stalls including:

Tombola

**Sweets** 

Cakes

Gift

Beauty

Homeware

Craft

Books

Raffle

And more!!

Hot and cold refreshments available

Entry 50p per adult, children are free!

All funds raised from entrance, stall hire and refreshments will go to Sudbrooke baby & toddler group

Santa will be making appearances handing out treats to the children!

Ponations for tombola and raffle would be much appreciated, please contact Vicky on 07877065959 if you would like to donate

# REFLECTION CORNER

Where Sudbrooke residents can share their thoughts on life and living

### ALEC C. CARROTTE ON COMMUNICATION

Definition of Communication:

"The imparting or exchange of information, ideas and feelings"

Collins Dictionary & Thesaurus 2004

It is un-arguable that communication plays a major role in our daily lives. This begs several questions such as with whom do we communicate, how do we communicate and why do we communicate?

To answer the first question, there are two main areas of communication, namely

intra-personal communication where we talk to ourselves without involving others and inter-personal communication where we talk with others such as work colleagues, shop assistants, organisations, neighbours and friends. Such communication can be performed in various settings (eg) 1-1, groups or public.

In terms of HOW we communicate, this is a fast-changing area, examples being:-speech, writing, telephone, letters, advertisements, leaflets, body language, video conferencing, skype, e-mail, multiple-way phone calls, celebration cards etc.

In terms of WHY we communicate, there are many reasons:-

- ▲ to gain a mutual understanding
- ▲ to be in contact socially
- ▲ to transmit beliefs, values, opinions, arguments, perceptions, attitudes
- ▲ to give and collect information
- ▲ to make sense of the world and our

experience in it

- ▲ to express personal needs and understand the needs of others
- ▲ to make decisions and solve problems
- ▲ to anticipate and predict behaviour
- ▲ to regulate power
- ▲ to give and receive emotional support
- ▲ to form contacts and maintain relationships
- ▲ to celebrate a special occasion (birthday, Christmas)

This latter reason is a fascinating one particularly at this time of year – 'to celebrate a special occasion'.

This poses certain questions as to why, and to whom, we send Christmas cards? Some considerations would be:-

- ▲ To celebrate a Christian event
- ▲ To revive pleasant memories of past times spent with other people
- ▲ To show people who live far away that they are in our thoughts
- ▲ To re-inforce family togetherness
- ▲ To display togetherness with work colleagues
- ▲ To courteously reciprocate a card from an unexpected source

NB. Remember to purchase a few spare cards and stamps for the surprise arrivals!

Perhaps we'll leave the last word with the 13th Century philosopher Thomas Aquinas: "There is nothing on this earth more to be prized than true friendship."

# GOT A VIEW ON ANYTHING?

Then why not email us at: sudbrookenews@gmail.com

# SUDBROOKE SENIORS

We are a group of people aged over 55 years who meet each month for coffee and a chat. New members are always welcome so why don't you come along and join us.

There will probably be someone there that you know!

WHERE? WHEN? Sudbrooke Village Hall
The second Friday of each
month at 10.30am



If you are interested in joining us, but transport is a problem, don't worry – just ring Lincoln 750852 and we may be able to organise a lift.

# **COME AND JOIN US!**

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Sudbrooke LN2 2QH

### Dec 2016/Jan 2017

# SUDBROOKE LADIES CLUB



**With Gill Rignall** 01522 595736

### LATEST UPDATE

Our November meeting was a very interesting talk by Bernard and Marilyn Bartram, who very kindly brought a collection of Old Hall stainless steel, mainly tableware.

Bernard explained the history of stainless steel, which was invented in Sheffield in 1913 when a mistake was made in the manufacturing process.

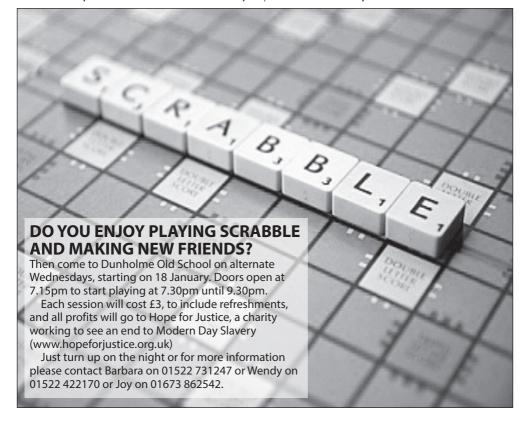
Old Hall became a very popular range of household items and featured classic designs by Robert Welch and David Mellor. Members were able to purchase items. This was a very enjoyable evening and our thanks go to Bernard and Marilyn.

There will be no meeting in December. We will be going to the Elite restaurant for our Christmas lunch on December 1.

### ANNUAL GENERAL MEETING =

The next meeting in the hall will be on Thursday 16 February 2017. This will be our Annual General Meeting with cheese and wine. We meet in the Bramham Lounge at 7.30pm.

There is a book stall in the bar area and we collect used stamps and small coins.



# **SUDBROOKE VILLAGE HALL**

Registered Charity no. 504153

### **SCREEN AND WIFI**

Sudbrooke Village Hall, the Bramham Lounge and bar are available for hire. If you book the Bramham Lounge or bar area for a meeting/training course you can make use of FREE WiFi. These areas are suitable for smaller groups and meetings. A slide/projector screen is now available. Please ask for details when booking

The hall is situated next to the village playing field and play area, making it a very pleasant venue for children's parties, wedding, christening and birthday parties. The modern commercial style kitchen makes the hall even more attractive as a venue for large functions when catering is required. The well-stocked bar with draught beers can be booked with either the main hall or the lounge.

Further information: Sudbrooke Parish Council website: http://parishes.lincolnshire.gov.uk/Sudbrooke/

**Enquiries: Booking Secretary - Stuart Curtis: 01522 751874** 

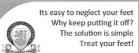
# **Treat Your Feet**

### Treatments include

- Nail trim & file
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- Heel pain
- Fungal conditions

## **Christopher Allen**

Dip CFHP MPS pract (FHP) MVR



Telephone: 07917 532296 Email: chrisallenredleas@yahoo.co.uk Evening & weekend appointments

# WE WANT YOUR CORRESPONDENCE

LETTERS MUSINGS POETRY ANYTHING!

email: sudbrookenews@gmail.com

# YOGA INSPIRED RELAXATION GROUP

Improve your flexibility, general health & well-being. Learn how to relax, increasing your energy & vitality. Embracing mindfulness to MAKE TIME FOR YOU!

£6.50 per session or £25 for 5 prepaid sessions that can be used at any of my other 5 venues around lincoln.

Wednesdays Sudbrooke Village
Hall
7.15 - 8.30pm

Contact Samantha Jordan on 07757986179 or email to samantha jordan@live.co.uk for more information.



Close harmony group INVITE You to

# Christmas with fusion+

SATURDAY 10<sup>th</sup> December 2016 7.30pm

St. Germain's Church, Scothern

Tickets £7

(includes a Mince pie & a glass of WINE)

ALL proceeds to St Barnabas Hospice & St Germain's Church

Tickets From: Angela 01522 750161 Ruth 01673 861412

John 01673 861055 Clinton 01522 871661

# **NETTLEHAM MEDICAL PRACTICE** & CHERRY WILLINGHAM BRANCH SURGERY

# — Latest update with Helen Lunn ———

01522 751717 (www.nettlehammedical.co.uk)

### CONFIDENTIALITY ====

■ If you ever need to contact the surgery on behalf of one of our patients to either discuss the patient, maybe an elderly relative, or request information about the patient, for example blood test results, then we need to have consent from the patient to enable you to do so.

In order for this consent to be recorded on our clinical system, the patient will need to complete the third party consent form which can be downloaded from our website or obtained by asking for a copy from reception.

Once completed the form will need to be returned to the surgery so that we are can update the patient's records accordingly.

### SMS MESSAGING =

■ The practice would like to remind patients that it offers a FREE text messaging service for appointment reminders and medical reminders.

To sign up for this fantastic service, just provide the receptionist with your mobile number and tell us you'd like to consent to receiving messages.

### CHRISTMAS OPENING HOURS

■ The practice will be closed from 6.30pm on Friday 23rd December until 8am on Wednesday 28 December for Christmas and again from 12pm on Saturday 31 December until 8am on Tuesday 3 January 2017.

We wish all our patients a Merry Christmas and a Happy & Healthy 2017.

### MONTHLY EARLY CLOSURES FOR TRAINING

■ In order to enable our doctors and staff to be kept up to date Nettleham surgery will be closed for training at 1pm on the following afternoons. Emergency help is still available by calling 111. Tuesday 13 December & Tuesday 17 January 2017.

# **WELTON HEALTH**

**With Sallie Stead** 

01673 862232

### LATEST UPDATE

■ We are very pleased to advise patients that with effect from April 1, 2017, Dr David Bletcher will be joining the partnership following the resignation of Dr Nicola Porter at the end of December

Dr Bletcher has worked with us for some time covering maternity leave and and we hope he will be very happy with us.

Please could we remind patients to order their repeat prescriptions in a timely manner to prevent a panic over the Christmas period. We are only closed for three working days - Monday 26, Wednesday 28 and January 3, so there is no reason to order " just in case".

If you need urgent medical care or advise when the surgery is routinely closed please ring

our number - 01673 862232, option 1 - or dial Freephone 111.

We still have 'flu vaccines available - please ask if you think you are entitled to one on the NHS and we will advise.

If patients require vaccines for travel purposes please could you give as much notice as possible. We run a regular travel clinic which is very popular and limited appointments are available.

If we are not able to accommodate patients into this clinic at short notice and specific travel vaccinations are needed it may be necessary to source a private travel clinic as we cannot guarantee to fit patients in just for this purpose.

Patients registered for online booking of appointments may also view aspects of their records on screen, including test results.

# **Winter Driving Tips**

\*\*\*\*\*\*

With the colder weather rapidly approaching we thought it may be useful to give a little motoring advice as far as driving on slippery roads is concerned.

The best advice for driving in extreme winter weather is not to drive at all if you can avoid it. If you must go out wait until the snow ploughs and gritting trucks have had a chance to do their work. Remember road salt takes time to permeate the ice and work effectively, particularly if the temperature is very low. Don't assume that just because a road has been gritted you can drive on it normally.

Before the extreme weather arrives make sure your vehicle is prepared. Ensure it is running reliably, make sure the battery is fully charged and the lights are working. Make sure your windscreen wash bottle is filled with screen wash to the correct concentration as it will help prevent the water from freezing.

Before setting off make sure you know your route. Don't rely solely on a satellite navigation device, if a road is closed or impassable you will have to find an alternative. Make sure your car has plenty of fuel and take a moment to completely clear your car windows of ice and snow. It's amazing how often we see motorists attempting to drive whilst peering out of a small patch of defrosted windscreen! It's a good idea to carry a shovel in case you get stuck, some sturdy boots in case you need to leave your vehicle and make sure your mobile phone is fully charged in case you need to summon assistance.

Here are a few tips that will help you drive safely on slippery roads -

- 1. Decrease your speed and leave yourself plenty of room to stop.
- You should allow at least five times more space than usual between you and the car in front of you.
- Brake gently to avoid skidding. If your wheels start to lock up do not place further pressure on the brake pedal, ease off the brake to regain steering control.
- 4. Turn on your lights to increase your visibility to other motorists.
- 5. Keep your lights and windscreen clean.
- 6. Use low gears to keep traction, especially on hills.
- 7. Don't use cruise control where there is a risk of ice.
- 8. Be especially careful on bridges, overpasses and infrequently travelled roads as they often freeze first. Even at temperatures above freezing you might encounter ice in shady or exposed areas.
- Don't pass snow ploughs or gritting trucks. The drivers have limited visibility, and you're likely to find the road in front of them worse than the road behind.
- 10. Don't assume your vehicle can handle all conditions. Even four-wheel drive vehicles can lose grip winter roads.

# Flix In The Stix: Scothern December Screening

Flix in the Stix continues to bring the big screen experience to Scothern, with old favouriteCasablanca delighting the audience at the village hall in November.

For December, Flix in the Stix are getting into the festive spirit by screening Christmas classics around Lincolnshire villages. In

Scothern, the village hall committee chose to screen It's a Wonderful Life on Friday 16 December.

It's an absolute classic that is a Christmas favourite for many.

James Stewart stars as a man contemplating suicide, before an angel shows him what life would be like if he had never been born.

Director Frank Capra's film takes this dark concept and turns it into one of the most heartwarming films ever made. Only the hardest of hearts would fail to be moved by the uplifting finale.

So what better film to watch during the Christmas season.

As usual tickets cost £3, with £1 from every ticket donated to the village hall committee or parish council for use within the venue or local community.

Blueprint: Film Foundation are a non-profit organisation and all other box-office proceeds will be put towards running the project. Food and drinks will also be available at each screening, with all proceeds going to the local village hall committee. Doors open at 7pm.



This project is currently funded in part by Big Lottery Fund's 'Awards for All' initiative to improve communities as well as by the British Film Institute's 'Neighbourhood Cinema' initiative and 'Film Audience Network' (through Film Hub Central East) to bring specialised film programming into areas with limited access to a cinema.

The funding allows Blueprint: Film Foundation to provide screenings to village halls at no cost to the committee.

For more information about the film programme, visit www.flixinthestix.co.uk. You can also stay up to date by liking Flix In The Stix on Facebook at www.facebook.com/flixinthestixlincolnshire or by following them on Twitter @FlixInStix.

# DUNHOLN **CAMERA CLUB**

### — With Grahame Dunkin ——

01673 860469 - dunholmecc@btinternet.com

### LATEST UPDATE =

■ Well, that's another year nearly gone! I have to say that we have had a great time at the Camera Club; new members, new images from the members, great speakers and judges and the best of all is the company of the members and having learnt to get to grips with modern technology in both our cameras and the software in the post production of the images. a great time had by all.

While you have a little more time over the darker nights I would like to ask you all a favour, we have a new website that is constantly updated by myself and our Vice-Chairman, It has been up and running for about three months now and we want it to get higher ranking, so if I could ask if you have a spare moment could vou

search for the website?

I say search because I don't want you to put the web address in the search bar I would like you to search by using a short string of words examples are "Camera Club Lincolnshire", "Lincoln Camera Clubs", "Local camera clubs Lincs", "Local camera clubs Lincolnshire", etc... anything that you would search to find a camera club in your area, please do not put in Dunholme Camera Club. Then scroll through the results until you find the Dunholme Camera Club once you find us click on the link



every page and then look through the images do some searches on the "Stock Images" page for your favourite pictures: it may be robins. motorbikes, Yorkshire Moors, Lincolnshire photos or try your own village to see if there is any pictures.

Click through the pages and the images on the pages. Have a good look at the work of the members and if you are struggling for a final

gift for a loved one you can buy the images whilst you are there.

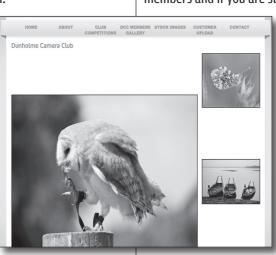
This will help to make our website the best one in the

area and you might be enthused enough to join us at the club and have vour images gracing the pages of the website before to long. A big thank you in advance and whilst you are on

the website please drop us a line via the "Contact" page and let us know what you think of the images and especially which is your favourite.

The meetings in December are mainly for the members but you are welcome to join us on the 15th December for our AGM.

Don't forget the camera club is for everyone not just the members of Dunholme so get yourself along in the near future. Have a great Christmas and I hope you all get everything you want.



# WELTON PATIENTS & DOCTORS ASSOCIATION

### **With Janet Goddard**

01673 862570

### **CHRISTMAS LUNCH**

Firstly I have to offer apologies to those who have enquired about Christmas lunch (December 9) tickets only to find that they are sold out!

I think for the first time ever they were all sold by the end of October and we now have a waiting list. If anyone has tickets and are not able to attend could you let me know please and I can sell them on. Can I remind those who have been lucky enough to get tickets that we ask you to be seated by 11.30am ready for St. Mary's School choir who will sing for us prior to the lunch being served?

### AUTUMN FAYRE

■ The Autumn Fayre was again a huge success and the total proceeds for the event were £2486.88 of which £1,421 was raised on the raffle.

Our thanks go to everyone who helped on the day, all who bought and sold raffle tickets, those who donated prizes and everyone who came along on the day to support the event. For those who left before the end, the teddy's name was Gilbert, there were 117 balloons in the car and the cake weighed 5lb 12ozs or 2.6kgs. There is a list of raffle prize winners on the PDA notice board in the Health Centre.

### A C NA

■ The week after the fayre, we held the PDA AGM. The evening started with a talk by Dr Howard on his hobby, geo-caching. It was interesting to hear exactly what this involves and how it can become a hobby in which the whole family can get involved. Particularly useful in getting the children away from their electronic games and out into the fresh air!

Three founder members retired from the committee Roy Minnitt, Joan Desforges and Sylvia Astbury. They were thanked for their many years' service to the PDA and we hope that they

will continue to be involved in our fund raising events. Two new committee members joined us, Jane Padgett and Mike Lynch.

There is currently a vacancy for a Chairman following the recent resignation of Phil Rodgers after one year of service. If anyone is interested the minutes of the meeting can be viewed on www.weltonsurgery.co.uk/ppg. The audited accounts are also available for inspection.

### EBAY SALES —

■ We continue to make sales of donated items on ebay. If you have anything to donate which you think might sell please contact me to arrange collection. Finally on behalf of the PDA Committee I would like to wish you all a very Happy Christmas and a healthy New Year.

# REDWALL CARS (SCOTHERN)

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\*Up to 25 for any form of additional needs including rural isolation and employment

Young people that participate in the programme will be signing up for one of the following 3 day residentials including outdoor activities:

- Residential 1 on 25th—27th Nov 2016 in London
- Residential 2 on 2nd—4th Dec 2016 in East Midlands
  - · Meet new friends and gain new skills.
- Get involved in planning and delivering a Social Action Project of your choice.
  - · Opportunity to achieve a Level ASDAN Award.

# ALL COSTS ARE COVERED FOR YOUNG PEOPLE ATTENDING Interested in this exciting opportunity?

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# no one should have no one at Christmas

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The Old School House, Manor House Street Horncastle LN9 5HF

# **INFORMATION STATION**

EMERGENCY SERVICES	SUDBROOKE PARISH COUNCIL ————————————————————————————————————
Emergency	Mrs C M Myers, 94 Jubilee Close, Jubilee Park, Cherry Willingham LN3 4LD750531
Ambulance Service08450 450422 PSCO Jackie Parker	Email: SudbrookeParishCouncil@gmail.com Chairman: Peter Heath595061
Main number	Vice-Chairman:       Bob Waller
Flood line	Andrew Cottam750470  Treasurer: Bridget Solly
Main number	Sue Rawlins, Badgers Holt, Friesthorpe Road, Buslingthorpe
Nettleham Health Centre01522 751717 Welton Health Centre01673 862232 SCHOOLS	<b>District Councillor:</b> Stuart Curtis (also Parish Cllr)751874 Email: stuartlyncurtis@aol.com
Sudbrooke Pre-School	MEMBER OF PARLIAMENT  Edward Leigh, 20 Union Street, Market Rasen LN8 3AA
UTILITY COMPANIES —	Lyn or Stuart Curtis751874
Electricity Central Networks	Reverend Penny Green
Opening Times01522 782010 Tuesday: 1pm-5pm; Wednesday: 10am-12noon Friday 3pm-5pm; Saturday: 10am-12noon	IF YOU WOULD LIKE TO BE FEATURED ON THIS PAGE, THEN EMAIL THE EDITOR AT: sudbrookenews@gmail.com
WHAT'S ON IN SUDBROOKE	

Whist ......595715 Mah-Jong......750280 Kickboxing.......750198 25th Lincoln Scouts......753689

1st Scothern Brownies	07884 048099
Sudbrooke Seniors	750852
Ladies Club	595736